



greccis

by

hendrik hol

hendrik hol - greecis

copyright © hendrik hol amsterdam 2014. all rights reserved.

the photographs, essays and the poem in this publication are copyrighted by the publisher. no part of these pages, either text or image may be used for any purpose other than personal use. therefore, reproduction, modification, storage in a retrieval system or retransmission, in any form or by any means, electronic, mechanical or otherwise, for reasons other than personal use, is strictly prohibited without prior written permission by the publisher.

all photographs, essays, titles, poetry and graphic design by hendrik hol.

the typography is set in didot in adobe indesign.

camera's by konica, mamiya and nikon. films by fuji and kodak. digital hardware by apple, epson and fuji; digital software by adobe, open office and nik software.

isbn 978 90 812459 5 1

nur-code 653

[www.hendrikhol.com](http://www.hendrikhol.com) | [hendrik@hendrikhol.com](mailto:hendrik@hendrikhol.com)

front cover: detail of “the veil of ignorance has to be lifted from the face of humanity”.



4 ] torn apart >



[un] follow

some and some not

for paola with love

## contents

7	preface
11	guide to greecis
14	photographs pt 1
118	greecis - unfollow essay
	- the state of crisis we're in -
134	intermission
138	greecis - follow essay
	- the state of uncrisis to get into -
185	photographs pt 2
293	orpheus & eurydice
	- a poem -
295	post photographic script
316	acknowledgements

## preface

**G**reecis started in 2013 as a photographic documentary project and was made during the heydays of the economic crisis that has hit Western society. Here specifically in the city that is considered to be the cradle of it: Athens, Greece. As a starting point I only wanted, as an unseen passenger, to shoot unbiased photographs on Athens' streets while strolling around with my little Konica Hexar camera and rolls of black and white Kodak film.

**H**owever, as always, things change. *"Panta rhei"* [*"Everything flows"*] is one of the first paradigms of the nature of our world, as the Greek philosopher Heraclitus taught us.

**A**fter I did the work I planned for, I found out that I also wanted to make a body of work of the opposite, the uncrisis, and work within a wider perspective. Therefore you will find here series combined. The negative and the positive, night and day, darkness and light, ups and downs, sadness and happiness, sense and nonsense, how to follow some and unfollow some in black and white and in full color. You will see a mixed bag I made at cultural events, cityscapes, people I have known before, unknown people never to become known, men and women I contacted, asked to participate and to be portrayed for this project, statues, graffiti, the rough street life, contextual objects, [too little] nature, the poor, the rich.

**M**any of the photographs here are snapshots, no thoughts, just shooting, even no composition, just coincidental meetings with passers-by in the environment of the big city. I also had photographs in mind and staged these within an improvised composition, weighing the relevance of the work at hand. Next to all these pro's and cons you will also find more artistic and conceptual photographs to put the underlying issues in a wider perspective.

**I**n the two accompanying essays *"Unfollow - the state of crisis we're in"* and *"Follow - the state of uncrisis to get into"* I will try to explain and explore in what kind of crisis we live in and how we could change. This is not a crisis that is an accident. No. Its origins are well executed by the money - and it's policy makers and considered over and over again by the ruling powers of

the most influential international [financial] institutions. However I want to make clear that it is not a conspiracy; it is just the way our society functions, for politics is a battle between different policies and in the end money wins. I will write about the problems and propose several solutions, but then in a wider, international, perspective instead of being limited to the city of Athens or the country of Greece only.

**A**lso I was unexpectedly invited to act as a photographer and to speak at the 4th Dialectical Symposium of the World Philosophical Forum. I will write about WPF's goals and my reflections upon their program. A big part of the "*Follow*" essay reflects on their programm. So you have to chew here on some deep philosophy I wrote for this publication as well. Do you agree to unfollow the crisis and follow the uncrisis? This we can do by changing our mindset and the perception of the world we inhabit. We, the united people, can do much better than this and all the answers have already been given, but we did not listen well. I will write in the essays about outcomes and progress in an unconventional way.

**T**he photographs in this book are my perceptions of life in the city of Athens through the limited and expanded views of my eyes and the limitations and extra-ordinary effects of the photographic camera's and digital software. I wish you do enjoy my work and that these photographs and essays raise thoughts about the state we're living in.

**I** apologize beforehand for my English. I am not a native speaker nor - writer, and simply give the best I can. Unfortunately I am not in the position to pay an excellent editor, for this was a no-budget-at-all project.

riches do not exhilarate us so much with their  
possession as they torment us with their loss.

*epicurus, 4-3 c bce*

an imbalance between rich and poor is  
the oldest and most fatal ailment of all  
republics.

*plutarch, 1-2c ce*



## guide to greecis

The very first book I published within photography was called “*Catcher of Light*”, for that is what photography is all about: catching the dots and waves of light that create our reality. “*Catcher of Light*” was made in the Amsterdam’ neighborhood I live in, it’s people and the beauty of the hood in bright and full colors. All in all it has a complete positive outlook.

Greecis started with one idea only, called “*Unfollow*”. It was the opposite. Here the light is creating and describing life within darkness. I made photo’s of Athens’ shadow life, their economic crisis with only analogue black and white film. This is my first serie of street photography.

Taking pictures is something I only did secretly. Otherwise I was having a big, big problem with the people on the street and / or even with the police. People do not like to be street photographed in general and I actually do not want to be mentioned by them. I did not interfere at all with the subjects in sight. Most of these photographs were shot from the hip, hardly to be seen by third eyes, or I just swung the camera round in full flight. The Hexar has a stealth mode - ultra silent that is - so you do not hear it and I pretended to be someone else than a photographer. In such a way I made the “*Unfollow*” part you see here [or at least 90% of it].

I only had a slight idea of how the photograph could look like before the film was developed, because I am just a hipshot slinging man with his finger on the shutter. I did not look through Peeping Tom’s hole [the camera’s eye finder that is]; move constantly, or stopped only a split of a second, and by acting this way I got so now and then pictures like Robert Capa once did when he ran across Normandy’s Omaha Beach at D-Day, the 6th of June 1944. Remember Athens looks like a economic war zone here and there, so that blurry, out of focus style fits well. It captures the look and feel of the state of Athens’ affairs. It’s raw. Life is not pleasant anymore for the ones who got bugged by the financial vampire squids. These works are not about Liberation Day, because there is still a financial world war going on behind the beautiful [but grim] facades of the money world. It’s all about strive between competitors, for an easy prey to grasp and taking all of your

money.

I did not contact the people I photographed. Did not speak to them. I did [and still do] not know who these men and women are. I was just a passer-by, just as most of the portrayed. I had no idea what their situation is, why they were begging on the streets or slept at noon. Some are rich, were rich, now poor. I found these photographs, just walked into the imagery at hand, with people in it or without.

However during this road I travelled, I added some extra to my mindset and planned to make the concept wider. First of all the opposite: color photography about the state of uncrisis within [mostly] staged photography about specific themes: ecology, energy, spirit, awareness, humanities, future, cultivation, creation, nature, culture, nourishment and healthcare. Within this *“Follow”* concept I worked out one by one these above mentioned themes. I imagined myself an image, stumbled into it, or found one within the history of art and made it my own.

The *“Follow”* serie was the fun part. I came up with so many crazy ideas and unrealistic too, that I had to skip lots of them and keep up with the ones that could be realized. In general here no running around and taking hardly any time. No. Here time was the issue. Here composition was the issue. Light was the issue. Location as well. The facial expression of the portrayed was the issue. Care for the people was a big, big issue. Only so I was able to make the opposite: if we want to live within a state of uncrisis, we have to be careful, to be precise, more caring, become personal and full of live. I tried to create photographs in an artistic way and reflect upon the life in Athens.

I work with the limitless options photography has to offer these days. Many choices can be made and all can add to the desired end result. However working with different kinds of analogue film stays the most satisfying one. I just feel more connected with the work, not only because I have to be more aware of what I am doing, but also because I do not know if it works out all right. There is more tension and concentration; surprise within it and when it works out well the end result is just more pleasing and gives the work also a different kind of touch.

Of course I could go in detail here about all the photographs I made, but I am not. Some has to be discovered by yourself. Also the

combinations here are totally up to my mindset and who knows what I want to express.

I wish that, somehow, you will make up your own understanding of this book, the titles, the words, and the interconnectedness of the work as such, although I understand that the layers I see in it, will be different within your perception of this photographic reality. Know that no-one sees the world as I do. Neither no-one sees the world as you do. We meet and [mis]understand each other, our expressions, intentions, way of life, philosophy, moral, preferred believe - and economic-political systems [...].

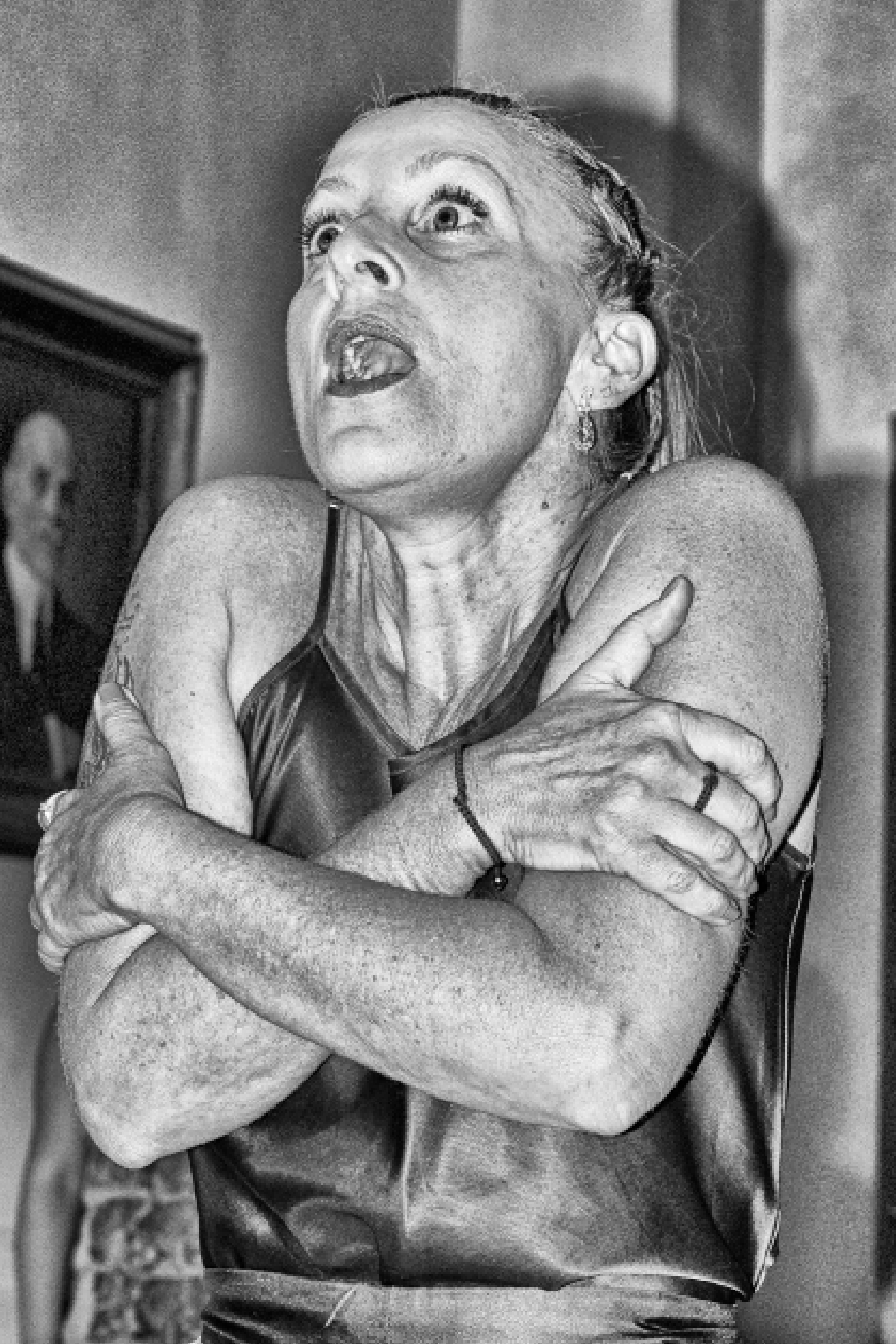
If you would sum it all up, the ideas that I have, the photographs, the essays, you can come up with one conclusion only: behind all the dualities I registered in Athens I am in search of unity and diversification at the same time; of inter-connectedness between people and eco-nomics.



< 14 ] view over old and modern athens

> 16 ] yummy, or: a good life is smiling at me





< 17 ] within a state of shock

> 19 ] hovering over the subordinates







< 20 ] slow breath of deep sleep

> 22 ] the other man's red thread



ΚΟΙΝΩΝΙΚΗ  
ΚΟΥΖΙΝΑ

"Ο ΑΛΛΟΣ  
ΑΝΘΡΩΠΟΣ"

ΕΝΙΣΧΥΣΗ ΜΕ ΤΡΟΦΙΜΑ  
Η' ΜΕ ΧΡΗΜΑΤΑ =>

[oallosanthropos.blogspot.gr](http://oallosanthropos.blogspot.gr)

JUST GIVE  
ME THE  
FUCKING  
COOKIES!



TSSB

\*LO  
TEK



& fuck the  
pigs...

< 23 ] pigs, or: just give me the fucking  
cookies [door waiting to be opened [pt 1]]

> 25 ] a philosopher's telephonic gathering  
with the ultimate and the origin of creation







< 26 ] brain the container contains all,  
does it?

> 28 ] discuss it talk over it sit over it drink  
over it eat over it sleep over it





< 29 ] one transmission of possibilities

> 31 ] rubbish makes food





< 32 ] the struggle and the gathering - theseus  
saves hippodameia

> 34 ] golden dawn's fascist blaze







< 35 ] motherhood life giving force of nature

> 37 ] begging from dusk till dawn





< 38 ] the doors of [economic] perception are closed

> 40 ] ice coffee cops





< 41 ] a human zip confronts nature with it's  
abstract expresssion [pt 1]

> 43 ] megaphone man he's the kind of man  
you've gotta listen to him if you can







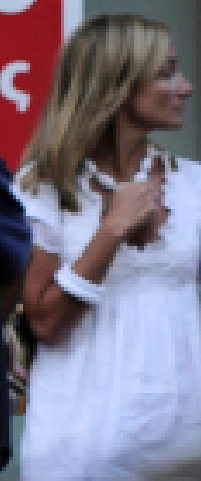
< 44 ] i never promised you a rose garden, did  
i? [yes i did]

> 46 ] longing to be reconciled with my lost  
beloved



MaxMara

70%  
Τελειάειες



< 47 ] 70 percent

> 49 ] saved from the sea, or: his empty gaze  
reflects the mood i am in caught in rusty grief and  
sorrow [solarised]

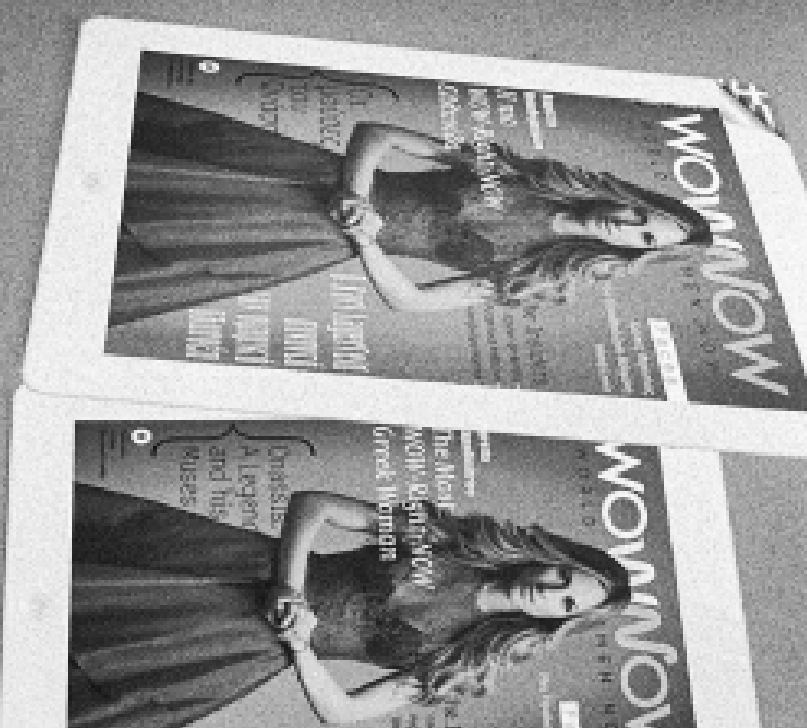






< 50 ] dancer of the philosopher's stone [pt 1]

> 52 ] wownow, or: a strange occurrence of two  
opposites within a state of synchronicity



ΔΩΡΕΑΝ  
και αποκλειστικά για iPad

Παρακαλώ ελέγξτε την έκδοση του WOMANOW



facebook





< 53 ] if you'd have reacted to immigrant  
murders pavlos may be alive

> 55 ] the effort which lies in complete  
uselessness



OTIKU  
OX-101

OXIDATION

A

3.  $\frac{1}{2}$

6



< 56 ] a human zip confronts nature with it's  
abstract expression [pt 2]

> 58 ] mindless people wake up



η άλλη  
γέυση

ΑΓΓΕΛΟΣ







< 59 ] lord, or: i have seen the truth, but it  
seems like it does not make any sense at all

> 61 ] longing for the inevitable to arrive  
when sailing into the mirror of self inquiry





< 62 ] dancer of the philosopher's stone [pt 2]

> 64 ] dance away: a girl's play





< 65 ] shoot ahead: a boy's play

> 67 ] in honor of our creator zeus







< 68 ] anarchism is freedom

> 70 ] the new senatus popolusque romanus



ST 9999

STO LITOLIGO  
V. P. 100

MIA DOOR  
ST 9999  
LITOLIGO



< 71 ] there's a riot going on

> 73 ] looking forward within truth and trust  
[door waiting to be opened [pt 2]]



ΜΕΤΑΦΟΡΑΙ Α ΟΥ 11

72 9189

ΚΑΙ ΑΖ Η ΡΤ Α 72-3-17

VIBOYS

2192





< 74 ] metaphor, or: the economy came to a grinding halt

> 76 ] time to wonder  
[door waiting to be opened [pt 3]]





< 77 ] the eyesight of the indian will determine  
who ultimately falls within or outside the range  
of the human circle that binds

> 79 ] kill the cops





< 80 ] how to maintain the order of the real world?

> 82 ] it crumbles, stumbles, 'till it falls,  
collapses, rises [a law of nature [pt 1]]







< 83 ] intact 'till it crumbles, stumbles, falls,  
collapses, rises [a law of nature [pt 2]]

> 85 ] silenced by misfortune, or: is destiny a  
law of nature?





< 86 ] what do you think of empathy as a virtue?

> 88 ] crutches are on his side, now





< 89 ] bbbzzzz, or: protecting a house of the  
halictidae family

> 91 ] time waits for no-one







< 92 ] the reconstruction of the system of  
reference

> 94 ] the law of attraction





< 95 ] the other man's first breakfast  
[triptych - centre panel]

> 97 ] two too drunk



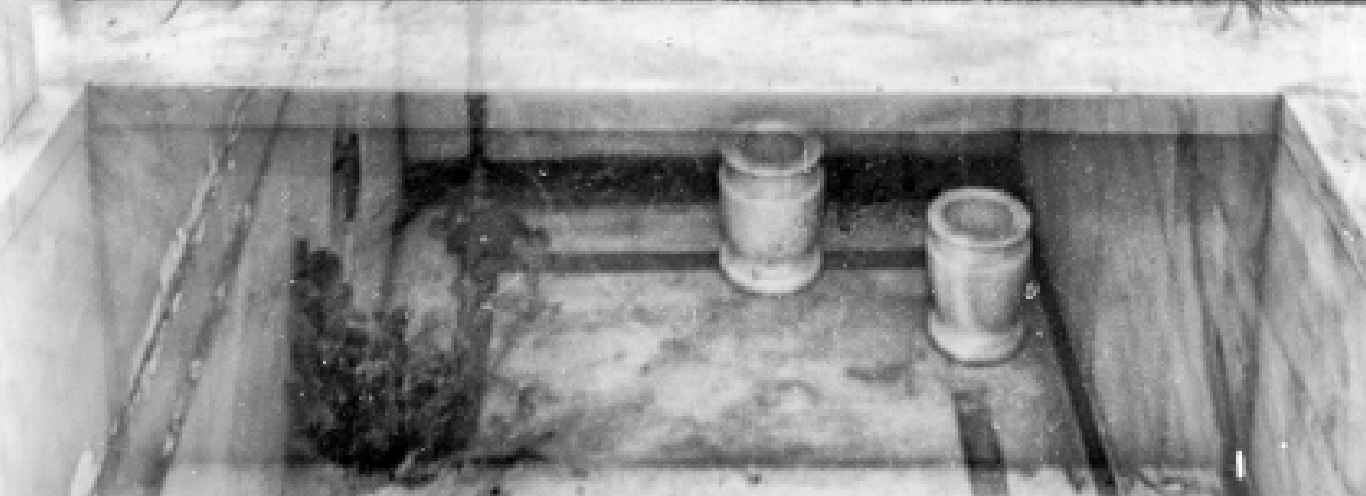




< 98 ] the veil of ignorance has to be lifted  
from the face of humanity

> 100 ] the heart connection





< 101 ] reflecting on inner self, life, mortality

> 103 ] the human quest for ascension



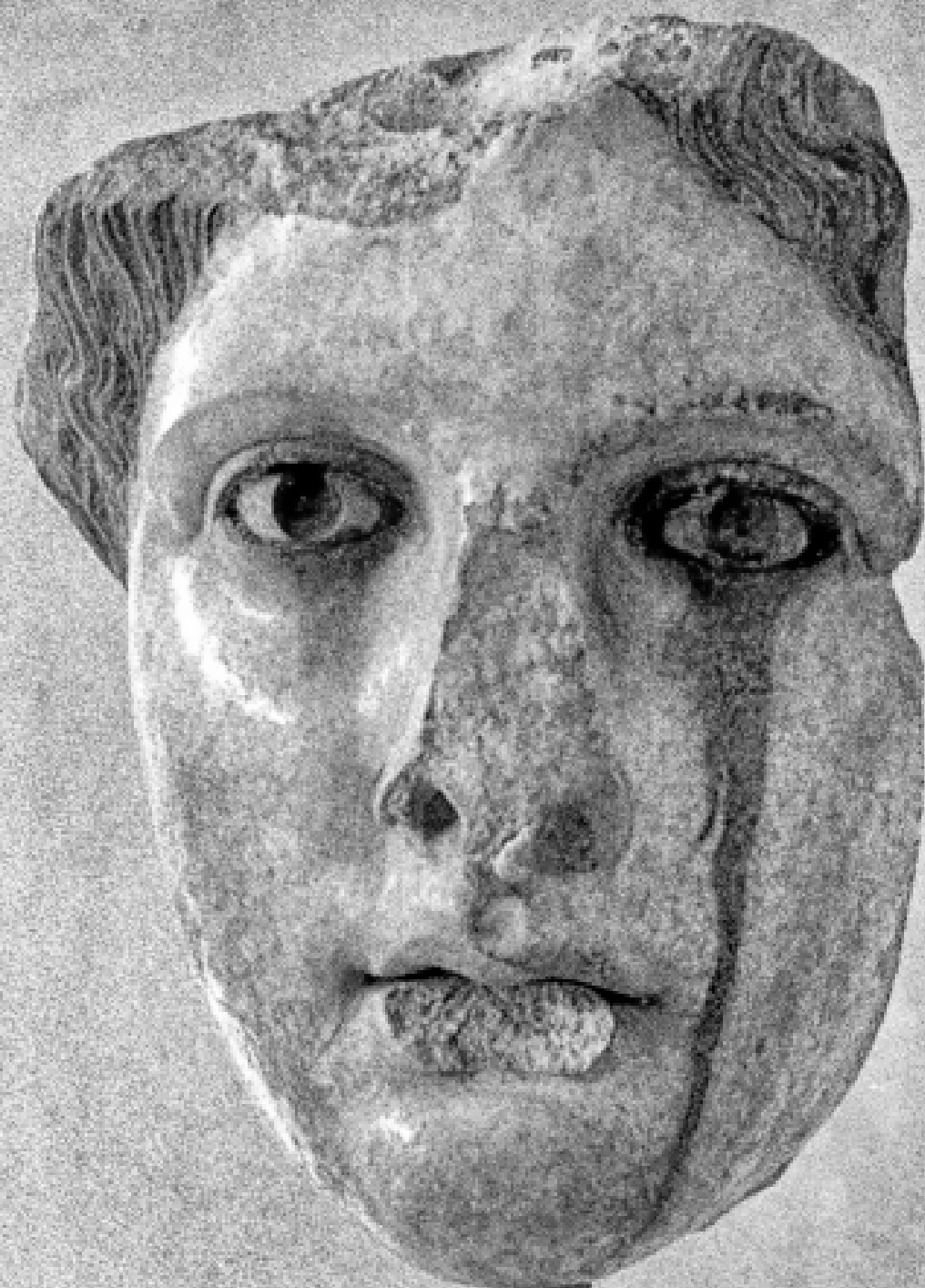


$< 10^4$  ] within a desperate state of mind

$> 10^6$  ] happiness is not a warm gun







< 107 ] sadness caught in stone

> 109 ] porcelain mannequin with chinese skin



LOUIS VUITTON

LOUIS VUITTON

PRADA

PRADA

HSBC



< 110 ] rich women poor man

> 112 ] this station is in need of recovery





< 113 ] the fall of man [icarus]

> 115 ] athens overview to pireaus and  
the aegean sea





no human being will ever know the truth, for  
even if they happen to say it by chance, they  
would not even know they had done so.

*xenophanes, 7c bce*

for among the many excellent and indeed  
divine institutions which your athens has  
brought forth and contributed to human  
life, none, in my opinion, is better than  
those mysteries. for by their means we have  
been brought out of our barbarous and  
savage mode of life and educated and refined  
to a state of civilization; and as the rites are  
called initiations, so in very truth we have  
learned from them the beginnings of life, and  
have gained the power not only to live happily,  
but also to die with a better hope.

*cicero, 2-1c bce*

essay

greecis - unfollow

- the state of crisis we're in -

Taken from *“The Athenian Constitution”* by Aristotle [384 bce - 322 bce]

[...] 2. After this event there was contention for a long time between the upper classes and the populace. Not only was the constitution at this time oligarchical in every respect, but the poorer classes, men, women, and children, were the serfs of the rich. They were known as *Pelatae* and also as *Hectemori*, because they cultivated the lands of the rich at the rent thus indicated. The whole country was in the hands of a few persons, and if the tenants failed to pay their rent they were liable to be haled into slavery, and their children with them. All loans secured upon the debtor's person, a custom which prevailed until the time of Solon, who was the first to appear as the champion of the people. But the hardest and bitterest part of the constitution in the eyes of the masses was their state of serfdom. Not but what they were also discontented with every other feature of their lot; for, to speak generally, they had no part nor share in anything.” [...]

Some, but not much has changed since the days of Aristotle.

## Introduction to Greecis - Unfollow

As you already have seen, almost all of the photographs in this book are made in the city of Athens, Greece, in the heydays of it's economic crisis in 2013. This is work mostly in stark black and white. These photographs bathe in contrast and show an unfortunate city, after a period of rapid growth. I wanted to experiment in my photographic approach and capture for the first time in my life a photographic documentary with an unpretty sight. The *“Unfollow”* part has no beautiful photographs which are well composed, the colorful flowers, models, a laugh, pretty architecture, the abstract. You will be served photographs which are not much seen in the mainstream media and which cannot be seen as a lightning example of a glorious society. To be short: *“Unfollow”*, for I wish wholeheartedly that these perilous times are over soon and that it will not be the road for the peoples of Athens to follow any longer.

Some friends asked me: *“Why this series of photographs?”* The answer is simple. I have friends and family living in Athens for many years already and I heard stories about the poverty in town, the demonstrations, the deplorable financial state of the city and Greece. I had been in Greece many times already and made the upside life photographs only, like I did in the book *“Volcano's View”*. Now I had to see more myself and roam the streets, explore the city I thought I knew so well. Found out I did not know the city so well, got connected with many Athenians, day in day out, and see, hear,

talk about their personal lives and life situations.

In The Netherlands we laugh about the lazy Greeks; we act as if they deserve it and we, the Dutch people, live in a far superior society than theirs. Northern Europe is the place to be! When you say this to the people of Greece they laugh about us. *“Ah the grey lowlands, the brownstone country. Yes, we are going through bad times these days, but life in general is much better here. Our country is very, very beautiful. We have the sun in our hearts.”* Actually no-one is right, but in spite of these silly remarks more and more Greek men, women and immigrants leave the country and choose for a different and new life in an environment with better economic prospects, like, eh, The Netherlands.

Crisis? What crisis? [Greecis? What Grecis?]

As a former bank employee [I got sacked at the bank I worked in 2006], I saw this economic crisis coming up years before it happened. If they had known my viewpoints and background as a well informed researcher in economy and politics, the bank I worked for would have saved billions of Euros. If I am correct they received €30 billion bailout money from the Dutch government in 2008. Of course they didn't listen to me, just for the simple reason that I did not tell my views to the directors on top, and they never asked me. These people never listen to employees way down the pipeline anyway. Never met them. Why should they? They are far too important, very busy all the time and too successful for a man like me. [Up until 2014 this bank paid back almost all of that €30 billion plus interest, so you know how easy they earn their money year in year out.]

The high priced director of the Nederlandsche Bank [the Dutch Bank], Nout Wellink always said he did not see it coming. He was taken by surprise. Not that I know this most influential banker personally [also director of the Bank of International Settlements from 1997 - 2012 [and and and...]], so I did not tell him beforehand. But if I, as a simple middle management bank employee, knew which games are and were played in the money world and what was coming up... What was mister Wellink doing? Did he know, but not react? Was he ignorant and, just as most people, didn't he understand the money making calculations, which are invented by the financial institutions? All knew there was a lot of air blown into the [housing] market, he pretends it isn't so and actually the business is still full blown with laughing gas for the rich and happy few. It became a crying game for the majority of the Greeks; for the already poor it even became a tragedy.

## Back to Athens

During my visits in more than 30 years I have seen the city change rapidly and dramatically up until 2007 for the better and afterwards for the worse. Athens: house of democracy they say. City of Socrates, Pericles and of the beautiful majestic Acropolis. Almost 4 million people live in this most ancient of European capitals. If you can imagine this city to inhabit only 4.000 people in the 1830's, then you also can imagine how rapidly it grew and how modern the cityscape must look like, although not in a futuristic utopian way.

At many places these days the city downtown looks like a war zone. Buildings are plastered with bitter graffiti. Shops and office buildings are shut down, burned, torn apart. Windows are barricaded. Things look nasty and gross. They say that 50% of the people who work at the Greek police force and the army is at hand of the right wing fascist party Golden Dawn [which name should be changed into Black Prawn, if you ask me]. They won 7% of the populations vote at the last held elections in 2012. In their dark uniforms you can see the policemen all around town: the guards of the Status Quo for the happy few. They look at you like piss off. Don't you fucjking look at me! It is better to dive, hide and cover.

One guy begging at Athinas street misses his left lower leg, there's an old woman begging in a wheelchair, a young man prays in despair. There are East-European drunkards and there are drug runners close to Monastiraki station and this one wears a T-shirt with a magic mushroom printed upfront. His face however stays invisible [how did you do that, you funky hip slinging photographer? Answer: no idea, pure coincidence]. An Asian pimp looks cool and his hookers go high heeled to work. Shops and offices are shut down near Omonia square and a closed door shouts out loud *"Kill the Cops"*. *"Anarchism is Freedom"* it writes on the marble walls of Athens' 19th century Academia building. *"Wake the Fuck Up"* graffiti tells some Athenians next to an office of the recently deceased First Business Bank and a woman passes by a beggar at an office of the National Bank of Greece, ignoring him completely. The city of Athens and it's people are torn. In summertime the city is burning hot as always, but the atmosphere is chilly and stoic.

How to make an end to this? These photographs are of little help, that's for sure. They only confirm which already is, and show us how it

should not be. I do not believe that photographs like these end things. My photographs can only raise more awareness, if you are open for it. To become more conscious of the despair of so many people in Athens. We have to find ways to change the system we are all part of, for this one doesn't work out for the good of the people and our environment.

## The State of Greece [and the world]

Now you have scrolled through the pictures I made, and found time to start reading my essays, you know that the city looks like, eh, fucked these days. It's people too. Democracy - this political invention the Greek people are so proud of - turns out to be a mix of oligarchy and plutocracy. Nothing did really change since Socrates' [self-chosen?] poisoning. It still is the upper class who rule. They will never mend their rotten ways, because such is their way to stay in power and in control of the working class after all. The only thing left for the normal people is the illusion of living in freedom in an open democratic society. People who are a bit smarter and well educated know that this so called democratic society is not only a oligarchic plutocracy, but a corporatocracy as well and these ruling corporations behave like kleptocrats.

Greece scores place 94 in the world corruption index, together with India, Moldova, Djibouti, Benin, Columbia and Mongolia. That's not a pretty score for the founders of democracy. You might think they had more than 2.500 years to make their democratic society function like smooth and perfect. Well, unfortunately, something must have gotten in it's way. People with other interests perhaps? States as the Netherlands are far less corrupt, but it might be that this is because what is seen as corruption has been legalized in a shady way. Our accountancy is notorious for finding ways within the mazes of the law. The Dutch have a verb for this, namely "to tolerate".

And yes, Greece is a democracy. They have a central, democratic chosen government, elections, freedom of expression, freedom of union, but in spite of that the people hardly have any influence on the policies of the government. This is only for the big companies and the few rich people. Such it is in most democratic counties, so Greece is not an exception at all.

Here some statistics. The Greeks work more hours per year than most of the other Europeans do [+ 40% more than Germans]. Per year



they earn €6.400,00 less than the Germans, and if you add the extra hours the Greeks work, this makes almost €9.000 per year less, compared to the German average year income of €22.000. The fact that the Germans earn more in one year with less time, means that they work more efficiently, more cost-income aware and make more profit within the gross price of their product or service. The average Greek retires later than the Dutch do. Their average salary has been cut by almost 35% and one third of all the Greeks do live in poverty these days. The EU defines poverty as having an income under €7.178 per year for an individual, and €15.073 euros for a family of four. The unemployment rate in 2014 is 28%. For the young under 25 years the unemployment rate is 67%!!! The gross [!] minimum wage is lower than €600,- and 'round €500,- for the young.

**I**t's people are being exploited by the rich; nothing new off course, because such it is for ages already and this counts for the rest of the world as well. It's every oligarch's dream that poverty is at such a high, that people want to work for practically nothing. The 100 richest families; industrialists, shipowners and bankers in Greece own 70% of the seats in the parliament and functions in the boards of the big companies and ministries. Billions and billions of their money is put in bank accounts in so called tax paradises like, eh, The Netherlands. The Dutch tax department receives every big company with great delight; they even tailor make your taxes for you, as low as you like. These same families earn more and more during this crisis; their power is growing faster and stronger. You can see their representatives laugh in Parliament when they won the votes for firing another 20-30.000 civil servants. The former fishermen, the - construction workers, the - one-man business owners, the - civil servants are or will become the new beggars in this 21st century city state. That's so funny when you are getting fired!

**T**here is something rotten in the State of Greece. Such could be a line of a twisted character in a movie by the Greek film director Yorgos Lanthimos. But it is not. Actually I want to say there is not really a Greek State, or at least a state that is functioning to serve it's peoples. Yes there are borders to define the country, but the borders are like Swiss cheese, except for the smell, with many holes in it, so any illegal immigrant can come in if he or she wants to. As said before the state is corrupt. 22% Of the working population works as a civil servant. They all have a contract up until their state pension, so that makes an easy vote at the elections, thanks to the socialists. Such a thing is called clientelism. In Greece there are 4 times more people working for the education system than in Finland. The quality

of education in Greece is the lowest in the whole of the EU. Finland serves the highest level of education. There is hardly any industry left in Greece; the ships are built in the Far East these days.

The state spends much more money than it receives. Despite the crisis, Greece imports still lots and lots of military equipment; the country was number 10 importer of arms in the world from 2007 up until 2011.

From 1988 to 2013 Greece bought over \$108 billion on weapons, and most probably it was a lot more, because of the shady public administration. Since the start of the Cyprus crisis in 1974 up until the year 2011 they spend €216 billion on defense. 15% (!) percent of Germany's arms export goes to [...]. Guess what? Worldwide military expenditure in 2012 was an estimated \$1,756.000 billion. To end extreme poverty in the world we need \$175 billion per year, so if we would stop one year of military expenditure, poverty would cease to exist for the next 10 years. But please don't think fascists will be kind for the poor and the needy. Luckily most military are not like that, but some they are.

The tax department is a mess and still functioning as if it were living in the 19th century. The Greek debt is 160% of their Gross Domestic Product; or €307 billion in 2012 [in 2014 this has become 174% of their GDP]. Greece makes up for 0,4% of the world's economy, so more or less nothing. If it would go bankrupt, it would hardly make a difference for the world, so what's the fuzz all about? Why are they receiving loans after loans from the IMF and the ECB, when the state of the country is deplorable; when the money lenders already know the Greeks will not be able to pay back their debts? Ever. It will only evaporate through inflation through the year.

In the beginning of 2014 the total debt in the Eurozone was more than €9.000 billion. In the USA it is more than \$17.000 billion. Hip hip hurray!! That's a new world record! Let's call the Guinness Book of Records now for these new entries!

To sum this up: if the [Greek] military wouldn't have wasted so much money on their so called defensive, but violent and destructive toys, the people [of Greece] wouldn't be living in this horrendous situation. Greece defaulted when it couldn't meet payments on \$160 billion of its debt. If you compare that with their place in the world's economic hegemony [nr. 47], then you ask yourself: "*What the heck is going on there?*" Answer A: "*We*

*need this to defend us against the Turks, although we are partners in the NATO.” Answer B: “We received a lot of money from the EU in that period, and we were obliged to use a huge part of these loans to buy weaponry as submarines and planes [...] from the Germans and the French, otherwise we couldn’t get a loan.” Answer C: “We bought too much [of that stuff] on credit and couldn’t pay it back anymore.” Answer A, B and C are correct.*

## How Capitalism Works and the End of National Identity

**A**nswer: the players in the money game scheme give their puppets the order to change the laws. Money is created out of thin air, is made for free by the American Federal Reserve, the International Monetary Fund and the European Central Bank. They just type the amount of [bailout] money in their computer programs, et voila: there’s the money! The receiver [here the state of Greece] has to pay, pay and pay and reform until the lenders got what they want, need, demand. Doing thus the whole country will be sold to mostly foreign corporations and the Greek people may serve them for a penny; have become pay slip carriers for the wealthy few business owners. Remember the headquarters of the European Central Bank is located in Frankfurt, Germany, and that real power is in the hands of [non democratic] multinationals, [non democratic] big banks and that power is not for and with the people.

**I**n Europe the national governments are put aside and their budgets have to be accorded by the European Commission [with a back-up of the ECB, the IMF, the World Bank [...], so say bye bye to your sovereignty Greece. In other words: the crisis is created to make up for one Europe under one capitalist-non-democratic Flag and will be ruled by the corpocracies, who have the judicial system, the tax system, the mass media [...] under their control. Money demands and the European Parliament provides. You know the names of these corporations and institutions already and if you don’t, please wake the fuck up. This means the end of sovereign national economic governance. A new kind of governance is implemented in Europe, which of course is already clear for decades, if you ask me. All is privatized, you - the people - are sold off as a commodity, the government is servicing the money machine and makes you pay huge taxes to please their appetite for bad management and making their public services far more complex than needed, if they haven’t sold it already for almost nothing to private companies. In other words: this is no coincidental crisis at all.

**A**s I once said in the beginning of the 1990's, after the fall of communism: *"Now capitalism has won and it will thrive worldwide, implemented in a communist way [one model for all] upon the peoples of the world."* And that's exactly what is happening. One system of universal greed. Internationally all is intertwined; money, government, companies and as such the economy and in it's slipstream the people of the world get driven by their powers, for we all need money to buy that book, food like Frankfurter wurst mit sauerkraut and Greek salad, going underground by tube etc.

**I**n the past you were conquered by many different nations, but now you are welcomed in a new world where the neoliberal borderless free trade market economy will terrorize humanity and nature with it's regulations for the few. The common people may wave farewell to democratic control, law and justice for all. Nation states are so 19th century and here and now we live in the 21st.

### Creation and Profit

**W**hen the ECB and the IMF create money for nothing and put an interest on it of, let's say, 0.8%, the state of Greece does not receive that money. No, no, no!! 98% percent of this money is for the international big banks and the state of Greece has to go to these banks to receive it. You can hear it cry: *"Please, please, please, we are bankrupt and need money for our wasteland."* So the banking industry says: *"No problem. You are non-reliable, your rating is at all time low, and you have to pay, let's say, 14% interest!"* That's a quick win-win situation for the big money cartels. *"And now please do as I say,"* these banks say, *"for it is my money, you do receive!"* When actually it is no-one's money, except for the tax payer, and therefore just a bag of air filled with blood, sweat and tears of the common man. Say thanks to the Lisbon Treaty treason for that.

### Tax Evasion and Corruption

**T**here is a so called Lagarde list of names of Greek people who have put their capital money on a Swiss HSBC bank account [HSBC is the second bank in the world], so they hardly have to pay taxes on their income and wealth. The list was given to the former Greek minister of Finance, Yorgos Papakonstantinou, by the France minister of Finance [now head of the International Monetary Fund], Christine Lagarde. However the tax department did not investigate the papers [lazy, lazy!] and 3 relatives of

Papakonstantinou were all of a sudden gone from that list. Coincidence happens once in a while. Now we all know the HSBC Bank is one of the most corrupt banks in the world, notorious for white washing loads of drugs money, servicing terrorists, and many other very very nasty things, so they must be happy with it, with the disinterest for investigations and also with the billions the rich people put in their Swiss tax heaven.

I have to apologize. To the people of Greece. And also to the HSBC Bank and not to mention Goldman Sachs, Bank of America, Russia, China, Nigeria, tax paradise Holland, Lichtenstein, Burma [...]. You are not the only ones. Most states are corrupt, although not as an abstraction, but very simple in a personal way. That's the way many things get done. Money rules and we follow. That's the way it is and the way banks work and you and me and finances are working in a mode that makes all pay, except the ones who control the production line. You can trust no-one anymore these days. Not the state, for it spies on everyone; a banker we nickname him a bankster and *"Just give me the fucking cookies,"* he cries with a gun in his hands. Understand please that a cookie stands for money. And pigs stands for politicians. Ha ha charade you are; we all have to become like that to survive in the city jungle, where the rule of law is no longer applicable, but the law of the strongest ones, the survivors, the hunters for all-is-only-for-me-and-my-family. And so, when it is legal to do so, I will do it, and when it is not legal I'll do business in those countries where it is legal, and in the meantime I'll find ways to change the laws at home.

### The Origin of Species

That's what you get when Darwin's paradigm has become the new fundament of society. Man is offspring from the amoebas, the amphibians, the half-apes, so what can we expect from ourselves? We're animals, that's it. We haven't really risen above our animal state yet, except for the pianists, the engineers and the painters. I really do not give a damn about the other, the weaker, not fit ones who will not survive; such is the moral of the modern capitalist society. You and I have become just a number in an economic calculation. When you are valuable and behave like your master tells you, you may keep your job. If not: get out of here! If you do not agree with our capitalist way of thinking, our *"money-white-wash-laundering-you-have-to-pay-lots-of-interest-on-the-debts-you've-created-dystopia"*, then you better leave and live in the gutter with the other losers. Justice is not a force of nature, moral is non-existent. We are at each others throats, so, Athens,

please don't you cry.

## Capitalist's Crash Growth Economy

In case you did not know it, here an explanation how a crisis can be created and how the financial casino world works. Well, let's say I own a bank and I make a product for my customers and money for my own pocket. The product itself is just a fantasy which has emerged from a brainstorm session and extremely smart high-brow mathematics, so let's name it "*Fantasy*" [The collective term is derivatives - Warren Buffet, an American businessman, called them weapons of financial mass destruction]. These "*Fantasies*" look a bit like a Russian Matryoshka doll, you know: a layer within a layer, a package is sold within a package, which is again sold within another package [...] and all these packages contain only emptiness. They all have different names and as a fact it is just a calculation, worth virtually nothing, but I put a price on it of \$100.00. I sell millions and millions of it on the marketplace, within all kinds of various packages, and the more I sell it the more it's worth on the money market. So I also own a lot of it myself and play some marketing tricks, have some men here and there buying it to raise the prices of these packages. Now they have an average worth of \$1.000.00.

That's good money for virtually nothing, this "*Fantasy*". Well off course this cannot last forever, for it is just thin air, a full-blown balloon, a kids play for the I-want-it-all adults who are into this money game. I have taken an insurance against the loss of value, so in case the price collapses, I receive money from the insurance company to cover my loss. So what do I do? I've pumped it all up to \$ 1.000.00, sell all the stuff for the highest price, pull the plug on the marketplace, cash in again at the insurance company, buy this "*Fantasy*" for a few bucks after the collapse [I go short and repurchase it] and call my straw men at the government to bailout my losses.

All in all this simplified example was worth nothing and I received \$3.000.00 a piece for this thievery, the first third from the customers, the second from the insurance company and the third part by the government who is bailing me out. That's a good laugh, isn't it? And remember you have to pay for it. Thrice. This is what happened in 2008 and this kind of business actually still is the way to go in the financial industry. A full blown balloon was pinched, cashing in was what they did, the losers they went bankrupt and "*The Too Big To Fail*" became "*Even Bigger To Fail*", and "*No One Of Them Ever Went To Jail*". Wall Street took over Washington, and all

it's political influence and military power a long, long time ago. And Greece, as it is a minor player on this battlefield, gets squeezed in between.

### Creation and destruction in the money world

These days creating money with money makes up for 40% of USA's economy, for the invented and unlimited money creation by the Federal Reserve is running full steam and the industry is free to come up with whatever which complicated product a genius algebraic whizkid can think of that makes money. High Frequency Trading is only about calculation and benefit in a digitalized world. As such 1.000's and 1.000's of billions of \$ and € and £ [...] are pumped around the globe on a daily basis. The only thing all these parameters do, is searching for profit, profit, profit within milliseconds.

The economy of capitalism is in need for cheap labour and high performance. Low wages for the working class makes the product affordable for the same working class, so you are being used to buy back the good you created yourself with the little money the owner of the production line is willing to pay. You work all your life at the Mercedes Benz plant, but can't afford a MB 300SL. Damn it! Capitalism is like running water; always in search for the lowest wages and production costs, devouring all like a tsunami. Such is provided in the so-called non-developed countries where social democracy is non-existent, where labour unions are powerless, where environmental protection is not implemented by law. Also hard labor work is being done more and more by automated machines, robots and computers, thus making human workers redundant. As always: the revenue is for the shareholders and the managers, not for the ones who actually do the job. In other words: gains are privatized and losses are socialized.

Capitalist economy always needs to grow. Endlessly. Most of this growth comes from the exploitation of natural resources. If, for example, the Dutch have a warm winter and we spent less gas to heat our homes, our economic grow paradigm, collapses: the economy shrinks. The same counts for a cool summer in Greece, when air conditioned homes spend less gas, electricity, oil etc. The [mis]use of our natural resources means growth. When we save some of the earth's precious compounds, which it provides for free, it means economic decline.

What a twisted mindset mankind has created for himself. *"Do we behave as if we have gone nuts?"* Answer: *"Yes, we do."* Next to the exploitation of

our natural resources, we have created a fictitious financial system in which huge returns on investments are made for the owners and shareholders. This happens while the social-democratic society gets undressed, for the owners of this financial system have to capitalize even more on their fictitious and exploitive act.

## The Capitalist Dream

The dream of capitalism is clouding us with a luxurious, everything is available, lifestyle and this lifestyle, if you work hard for it, is available for all the peoples of the world. We are free and rich within a democratic field, are successful and beautiful, educated, drive our favorite car, have a whirlpool, 2 children [boy and girl], 3 holidays a year [...] Well, you know how the advertisements look like, don't you? We all fall for that, within our own peculiarities. You would be living comfortable in your own way, like only one shower, that's good enough for me and my family.

A farmer dreams of a good harvest, a photographer like me wants to sell his prints and books, the banker finds a salary increase on his pay slip and the pregnant woman dreams of a healthy firstborn child. Most of the time, the world provides, but this is not a law of nature.

I love to dream [which is a law of nature]. To be able to dream is a blessing. It gives life an extra dimension, if you ask me. When you dream you know there is an extra layer attached to your daily existence and at the same time you have something, some place or someone to long for. In dreams things happen in a strange way, things go too fast or too slow, or a change of location, impossible combinations and interactions, 10-dimensional circumstances; some of them are absolutely absurd. Like this house I dream of, it looks like Frank Lloyd Wright's *"Falling Water"* and I ride that Rolls Royce Phantom VI up the driveway, open happiness when I drink a Coke, park the car next to the vineyard and in the kitchen my beautiful wife Eve waits for me to come home after a hard day's work. The smell of fresh apple pie caresses my nostrils. She says she loves me. Then I wake up, the dream has gone, and there is no house that Frank build, the car indeed was a Phantom, Eve wants to divorce, from all that Coke I got diabetes, the apple pie got burned and the vineyard is cut down to make way for some fracking.

Dream dream dream... such a beautiful dream, but with two feet on the ground and head of the sky things look different. Suddenly all is



normal and life is earthly, heavy even. We weigh our bodies, are wide awake and find us to have become a danger even for our own natural environment. If we want our happy dreams to materialize in the real world, we are in need of a lot of goods and as such loads of energy. For this to be available, we are plundering the planet and the benefits we get from that; we call it progress, when actually the planet's resources are in decline. If we all would live this dream up to the max, like in the American Dream, we need 5 planets Earth to feed and comfort our deepest desires. The Americans consume 8 times more energy than they produce, the Dutch 6 and for Greece that is 5.

**A**s I once read: *“Capitalism: where you can enslave fellow humans, rape the planet – and be praised for your good business sense.”*

**T**he capitalist mindset has a tendency to forget about the consequences of his deeds. He thinks about his private gain, that's parameter number one. That's the nihilistic current state we are in, caused by greedy egocentric materialism. Idealism has evaporated, we are all business men now. Megalomania has replaced small scale thinking and the involved mindset has lost it's place to consumerism. The planet is ours and we use it for our goals only. Nature has no goal, only human progress has. Capitalistic progress means natural decline, many are blind to see the connection and the intrinsic interwovenness that exists between nature and men. Nature has to be conquered and defeated. Man is cultured. Nature is barbaric. I am a liberated man, there are no boundaries at all in my personal aims, everything I do is to please only my tribe, the ones near and dear to me. I love my own personal freedom, even if it means that I have to take advantage of others. Didn't you know that I am a very civilized man? I am wearing an Italian suit and a Hugo Boss tie! What do you say? What's there beneath that masquerade?

## Ecology

**O**f all the ingredients the Earth is offering to us, 90% is used as a commodity, it's just taken, digested and thrown away in the end. We leave a wasteland behind, the ground depleted, exhausted. We overspill the earth with synthetic [chemical and oil-based] fertilizers, which makes the soil dead as hell. We are eating oil, although it looks like a cauliflower. We twist around with nature; make it our own DNA, for what's been given by nature is not good enough for us. Always unsatisfied with the state we live in. The fish in the oceans are slaughtered in an industrial way and the seawater is

screaming painfully in it's more and more acidic climate. The air is polluted thanks to the age of oil [and gas and coal] and carbon dioxide, well let's not start that subject here.

The cause of growth of the human population in the last two centuries can be put under the category "*The Age of Fossil Fuels*", for thanks to the energy we get from burning fossil fuels, mankind has grown exponentially. Thanks to oil and all that comes from that, society has changed drastically. We have a new kind of medical care, highways, tires, "*food*" in plenty, petrol, electronics, 1000's of plastics, fertilizers, airplanes [...]; all kinds of artificial stuff which belongs to the category of Culture, just like the Bossanova or the Tango. The explosive growth of human life itself and it's welfare for billions of men is because of oil. Thank you oil, for that! Only oil is at it's deathbed, for it's Energy Return On Investment makes it's future exploitation no longer worthwhile and oil and all it's derivatives are polluting just as the vision into hell is.

The carbon dioxide which we expel is mainly absorbed by the oceans and it's climate, as said before, more and more acidic. We are slowly suffocating our own environment, so the current economic crisis will turn out to be a kid's play compared to the ecological catastrophe we have to confront in the 21st century, as long as we do not change our self-destructive behavior in a radical way.

The entrepreneur thinks: "*This can be accomplished in an easy way, for there must be ways out of this man made misery.*"

Welcome to eco-nomics, thus, for the time is ripe for capitalism to fall, because it has failed as an economic concept, just as communism did at the end of the 2nd millennium.

### To a Close

Humanity is in need of a different way of dealing with each other and the planet we inhabit. Not a new world order for the ones who are in power already, but power for and because of the will of the free people. A true democratic, free and caring society is the aim. Our freedom will be [and is already] torn apart and the change that's gonna come: well just look at some of the photographs, then you'll see what it looks like, so there's no more denial. We can change, but it will not be an easy road to travel, for it

needs a drastic new way of thinking and a different kind of behavior.

**W**here did we take the wrong turn? Is man no longer man and free, but victim and initiator as well of his own [mis]behavior and his failed paradigms? Which are the sources of - and the solutions for our ecological -, economical- , spiritual -, artistic -, political - and social crises? Do we need a new philosophy, a new moral, a new believe system perhaps; a different economic system and more valuable ethics; various paradigm shifts?

**A** good start could be to read and study the Greek philosophers anew, with fresh eyes, meditate on their heritage, to transform ourselves and to build new fundaments, so human society and planet Earth will thrive again, in harmony with existence and with each other, centered within our own intrinsic nature.

[Unfollow some more](#)

**B**io industry, the military-industrial complex, pollution, ignorance, egoism, rivalry, discrimination, hunger, main stream mass media, nuclear energy, cold - and hot war, oligopolies, violence, indifference, hate, greed, intolerance, murder, abuse, mind control, racism, sexism, gen tech, injustice, the us and them paradigm, the poor-rich paradigm...

[... please fill in for yourself and write me about the things you would like to unfollow ...]

> 135 ] the sun in the eye of the other man

52.73012

BRIDFORD



BASEBALL DEPT  
SINCE 1983



< 136 ] ioanna metamorphosis

essay

greecis - follow

- the state of uncrisis to get into -



I really would care if you read this one out

Modern Western civilization finds its foundation within classic Greek society, because of their ideas upon the world we live in and how society and its people could function. Democracy is a Greek word, just as many more political terms as the two opposites anarchism and aristocracy. If you sum it up, according to Western oriented heritage, the classic Greeks created the first humanistic society. For them man itself stands in the centre of the perceived world, instead of the deities. In short: man is measure. All human achievements come from this self-centeredness, and as such he becomes a co-creator of the world he lives in.

We cannot underestimate the influence of Greek culture for our world. Out of their critical philosophical discourse, the world of academics, science and all of its branches were born. Although Hellenistic culture was most powerful in the 4th century bce, and never regained its might since that era, their heritage in philosophy, architecture, poetry, drama [...] can still be seen as most influential for humanity.

When I write about Greek culture I have to reflect upon their philosophies and to express mine. So, let me dive in deep here and maybe you can follow me, maybe not.

### Chaos and order

Greek philosophers [not all of them] as Heraclitus [535 bce - 475 bce] believed that the universe was created out of chaos. And yes, again, chaos is a Greek word. Out of this chaos five elements came into existence; water, fire, air, earth and ether. Everything within this world is made out of these elements. The word chaos means void or emptiness, so it does not mean chaos in the sense of disorder. All the fundamentals of life are coming out of nothingness. Chaos is the first true and real source of all.

The old Greeks thought that their Gods were born out of this emptiness, although it is quite clear to see that this is old school thought and not related to reality, because there are no anthropomorphic Gods with beards living on top of Mount Olympus.

We know by now that this nothingness is the main substance of the universe itself and that even our own bodies are empty for

99,9999%. In other words: space is the most important “ingredient” that we are made of, but please be aware [!] that the space that I am talking about here is non-referential or non-local. Space is the place we live in, the very first order of existence. It is pure potentiality, the ultimate origin, the well of all causalities, and it is endless, limitless, without time.

However there is a mistake in our perception of this emptiness. Although it is not, this vacuum is a necessity for matter to be[come], otherwise nothing could exist the way it does [sounds like a paradox, doesn't it?]. We could say: *“This space of nothingness contains all things.”* Modern physicist call it quantum vacuum zero point energy. Some call it the information. I, as a poet, would like to call it the immortal soul, the very ground of our existence.

### The origin

Let me take you one step further. Presume this origin of the universe [chaos] is aware by it's own nature and it expresses itself through various forms of fundamental forces. The very first energy in existence we call it light, although modern science speaks of new discoveries as tachyons and the boson particle [or at least they exist in theoretical models].

Love can be seen as an expression of light; love is the experience created by light. I tell you once again, so you can read out loud what I write here. Meditate on this sentence for a day, a year, or the rest of your life if you find the time for it. The [origin of] universe and all that lives within it; you and me, is an ocean of pure awareness that expresses itself through light and love within life. Within this space all matter is born to experience itself. Me, myself, the I am is pure awareness and my self-reflective identification with my physical existence is correct, but also false, for the I am is as it is, as said, limitless, timeless.

As a photographer I am a catcher of light, of the state of consciousness, or existence, that is in front of the camera eye. And always it sees light creating a world of brightness and beauty, but also a world full of shadows the way it is written in Plato's *“Allegory of the Cave”*, from the Socratic dialogue *“The Republic”*. My camera is the cave. The film [or digital chip] in the camera is the *“Wall that Catches the Shadows Which Are Projected by the Light”*. These shadows are part of reality, but if you look closer they are only a reflection of it.

The fundament of all that matter[s], is consciousness, awareness itself and as such it is the creator of all. Darkness cannot create light; only light is able to create shadows, so our core essence is pure bliss, but we tend to focus too much on our shadow side for we all live in ignorance, according to many of our spiritual teachers. They teach you that life means a lot of suffering and only in the end thy shall be released, unfortunately not in life on planet earth itself, but only when you find within yourself during this lifetime a state of consciousness which is called enlightenment.

What do these words in this essay have to do with this photo book Greecis and the photographs you do show here, Mr. adamadams?

This is important

My answer: well [almost] everything. If the foundation of the way we experience, look upon the world is not correct, how can men create a society which relates to justice for all, righteousness for the planet we inhabit, harmony between the different [mental] states we live [with]in?

Out of darkness light was created. Out of light darkness was created. Please read these two sentences again. Out of darkness light was created. Out of light the shadows on the wall where created. Tell me, please, which one do you think is true? And also think of Plato's story for the cave stand for the human skull. What does a photographer do? What kind of idea, or to be more specific concept of the origins of the world we live in, do you follow? As a photographer this is the most important question to answer. Does he work within darkness or does he work within light?

If I show to you, through this publication, only photographs of crisis, photographs of a shadow world we're drowning in. Everything is misery; our "killivezation" is a dead end street. I could not have made the "Follow" part for this publication. What does that imply? First of all it shows that a worthy life in Athens is over and out and nothing can help them anymore, except time, chronos. I would confirm that there is only a state of chaos [in the sense of disorder], an unconscious state of life that sprouts out of darkness and ignorance. That mankind is not able to create a society of natural and cultural abundance for all to share more or less equally. Because I added the "Follow" part things changed, for within different perspective work and attitude alters.

## Metamorphoses

I mentioned the name of the Greek philosopher Heraclitus. The man believed in an ever changing world and in unity of the opposites. He was seen as the dark or obscure one, as the weeping philosopher. Now I weep also now and then and I also work with darkness, for every photographer knows what the inside of a camera is: a non-illuminated box and the film he works with is made of not yet illuminated matter. In the darkroom he develops the film, so it becomes illuminated, and he lights up the photographic paper and makes the photograph appear.

Also everything changes. All photographs catch imagery for a split second, and gone it is, in less than the blink of an eye. These moments will never ever return.

A photographer is a kind of alchemist, sorcerer, wizard, a magician who wants to enlighten the world for the second time. He is someone who is working within the concept of metamorphoses, for all he works with are reflective carriers of existence being transformed from one state to the other, until the photograph is finally printed and hung up against a wall, or on some other surface, like a flag or a kite, to be seen on your tablet.

## Dialectics of Matter

One of the photographs in this book is called “*Dialectics of Matter*” [page 234]. Maybe you do not know what dialectics means. Well, to put it simple, it is a way of explanation, of two [or more] people in conversation, discussing a subject and weighing the opposite points of view of the perceivers, to find out, within logic, which opinion is valid and which one is not. Goal of the dialectic method is to find the truth. Dialectics is a word of Greek origin [I know it is getting boring]. If for example Adam says to Eve in the middle of the night: “*Ah look how the sun shines!*”, Eve can reply easily with: “*Because I can see, therefore I am, so the sun does not shine, you need your eyes checked. It’s right in the middle of the night. There is no light. It’s dark! [...] Mmm, darling, baby cakes, come here, why don’t we make sweet sweet love here and now?*” So we have some here and there and go really deep within this matter, because naturally the sun beautifully shines, even in the middle of the night. We agree to the fact that I should not have used the word “*look*”, because indeed the sun I could not see, when I said so. However I am aware it does, maybe even more, within this world where dreams and ideals create something that exceeds reality

even far beyond our own imagination. So, now we agree, and we go totally bonkers with each other, I am deep within her matter in a dialectic way.

The photograph shows the vice-president of the World Philosophical Forum in Athens and writer of the book with the same title [*“Dialectics of Matter”*]. The WPF wants to solve some problems and raise human awareness worldwide in co-operation with UNESCO, United Nations Educational, Scientific and Cultural Organization. WPF’s principal goal is to help fragmented, ignorant and corrupted, with lost morals, disorderly Earth population, to become an educated, enlightened and integrated, wisely and reasonably self-governed Earth population. These are beautiful words. And indeed when applied to people who cause crises, who live of greed and teach other people ignorance, this could be a way forward for humanity.

### The World Philosophical Forum

This introduction text is put on their website:

*“The situation on the Earth is becoming more and more dangerous; the Humanity, ignorant and partitioned, is at brinkmanship being on the edge of “nuclear winter” or self-destruction, which would stop the Life on Earth in general. There is only one way for everybody to survive still being in progress – to educate civically and unite all habitants of the Earth, and to improve all human self-government on the planet on a new global basis founded on such values as wisdom, reason, morality, responsibility and justice fighting at the same time such modern vices as double standards, corruption and falsehood. The World Philosophical Forum has started implementation of this plan subject it would be supported by those humans whose mentality allows them to realize the danger of the present situation in the world, who can start their activity in the interests and on behalf of the Humanity as a whole. With time, all the Humanity sequentially should be involved in the process. There are 3 stages, which should be passed by all 7 billion Earth people in series soonest: Stage 1. To form Earth-XXI [global] Citizenship; Stage 2. Out of Earth-XXI Citizens - to form new, global leadership [Earth-XXI Aristocrats]; Stage 3. Out of new, Earth-XXI leaders - to form [to elect] Earth-XXI self-administration - the United States of Earth [or Earth Federation, or Earth Union] based on Earth Constitution [through establishment of the Supreme Council of the Humanity, Earth Parliament, Earth Government, Earth Supreme Court, Earth Academy, Earth Bank, Earth single currency, etc.]. The planet Earth should never become like a space “Titanic” and disappear in a black hole of the Universe ocean!!!”*

I was at this forum as a photographer, invited by my dear Chinese friend Junyan Xe, who spoke there as a representative for the Chinese people.

I heard many speakers [not all], took photographs and met with many kind women and men.

At the end of that week at the World Philosophical Forum, late Friday afternoon, I was asked to come forward and speak to the audience. I put my camera aside, stepped forward, spoke unprepared and what I said would have been the following, if I had been prepared, had given it a deeper thought and if I had put it into writing before. Finally I was given a chance to speak for the world. After I was finished with this talk, most clapped, some booed.

Here and now, Amsterdam 2014, it is almost one year later and I am putting my thoughts finally in writing. That's more difficult than just a quick talk behind the lectern.

### Grecis talk: Introduction to Hendrik Hol

Mr. vice-chairman, I thank you for your invitation to speak at the World Philosophical Forum. Dearest participants from Chile, Argentina, China, Greece, Russia, Belgium, France [...]. I am pleased and proud to stand here in front of you and express myself at this 4th Dialectical Symposium.

Thank you Junyan for inviting me here.

Generally spoken I can say that Humanities is my subject within the academic world. Some of my friends [I am quite sure not all] think of me as being a real "*Mensch*", that means a person of integrity and honor. However, don't ask all of them, you might be disappointed. Once, when I worked at a bank, one of their longest serving employees there called me the first humanistic boss he had in 40 years. I can assure you that I was honored and shocked at the same time.

I am not a philosopher, although I like to think things over. I make photographs, as you might have noticed during these days here at Athens' Academy. You might be surprised that I have studied some philosophy 25 years ago, one course was called "*The Unity of Men*", in which the views of philosophers like Plato, Augustine, Descartes, Merleau-Ponty, de Boer [...] on this subject were discussed. It was not about, as you might think, unity in the sense of all people living together as one, but unity in

the sense of body-mind-spirit oneness. However I never passed that exam, for I had different views than my teachers. They only expected me to react on their views and opinions, while I was busy with mine and definitely not theirs. Independent thinking is not always appreciated within the academic realm. Also, for a few meetings twenty years ago, I was participating in a philosophical club in Amsterdam, forgot the name really, and the thing they were in favor of was having arguments, verbal fights, personal insults and that connected with deep intellectual and abstract, mathematical way of thinking. I hope you do not mind me saying this, but for me philosophers are too much mind, in the sense of reason and thinking, brainy thoughts alone. Also intellectually I could not cope up with them, because I am not that smart. So that never worked out quite well with philosophy and me. Please, excuse me for that. I am neither a philosopher, neither a scientist. I am just an ordinary man who likes to make photographs and to write poetry, prose and essays like this one.

**S**o, let's get over now to my

**Grecis talk: Some of the people I studied**

**I** will mention four men here. I believe you people here know more about them than I do, for it's your profession to study them, so I'll make this short. This is just a little introduction to come up with my reflections on or current crisis and uncrisis.

**R**ené Descartes [1596-1650] was a French mathematician and philosopher known for his "*Meditations*". In his work he expresses the concepts of dualism or mind-body dichotomy. The physical body acts like a machine and follows the laws of nature, while the soul or spirit is non-material and thus free of the laws of nature. His ideas freed men of the religious doctrine of divine truth and put in place the truth of human knowledge by the means of deduction. Mind has the capacity to influence matter. His influence for modern philosophy and progress cannot be underestimated.

**H**enri-Louis Bergson [1859-1941], French, believed in an open society. Men are free to live their lives the way they want to, not restricted by family, state, tribe, or whatever which community he lives in. He says our world unfolds itself within an undetermined creation, except that the state of change is constant, so change is a law of nature and as such a deterrent. All laws of nature [physics] are defined and measurable, but the sum of

the whole is not. Thought is not mechanical and thus cannot be described physically and it is free from a determinant perspective.

Let's now get to another one. He is not a philosopher by profession. The man is an American Sioux Indian, with the name of [Black Elk \[1863-1950\]](#). He was a medicine man and I believe that only the spirit and wisdom of the medicine man can heal modern men's fatal behavior. This is his most famous vision:

*“And while I stood there I saw more than I can tell and understood more than I saw; for I was seeing in a sacred manner the shapes of all things in the spirit, and the shape of all shapes as they must live together like one being. And I saw that the sacred hoop of my people was one of many hoops that made one circle, wide as daylight and as starlight, and in the centre grew one mighty flowering tree to shelter all the children of one mother and one father. And I saw that it was holy.”*

There are countless prophecies told by various Indian tribes, which have materialized through time in the real world, so this points to a determined spirit which lives in men and who “steers” that which happens on planet Earth. This means those who connect to their so-called “Great Spirit” already know the future; however men have a choice to make for the worse or for the better of mankind and planet Earth. As such we are co-creators and thus consciousness [or soul, spirit, [self] awareness, consciousness, perception, intuition, memory, imagination, emotion, feeling, sensation [...]] has the capacity to influence matter [remember René Descartes].

Fourth man I mention here is called [Dick Swaab \[1944\]](#), a Dutch neurobiologist. Mr. Swaab is convinced that we do not own our brain, but are our brain. All our thoughts and all of our behavior is nothing else than the result of chemical and physical processes in our brain, which is unique for just that one person. Free will is highly overrated; there isn't a personal soul or spirit that exists inside, neither outside of us. Swaab can be seen as a materialist. We are mere robots [in a philosophical way] and are driven by mechanical forces; all we experience is the result of an automaton, which dwells in us.

I have come here to raise the most important question of mankind, just as these men did and most philosophers do: is there a ghost in the machine, or a spirit within the body? Is there only body and nothing else in an only material world? Is there only spirit within a phantom body? Do men



have a free will [the humanistic point of view], is all reigned by the brain and body [the materialistic point of view], or is all reigned and destined by a universal spirit [the spiritual, or religious point of view]? To be very short: what or who rules? Are we mere robots and or will men be ruled by robots in the future? Are men free?

They all look so different in their opinions. So the riddle is: “*Which one of them is right?*”

### Greecis talk: Back to the principles of the World Philosophical Forum

I do believe in some of your principles which are put upon your website, but not in all of them, Mr. vice-chairman. Just as the well-known H.G. Wells, writer of “*War of the Worlds*”, “*The Time Machine*” and “*The New World Order*”, I would like to protest against one global rule for everyone. I do not believe in one system and organization who describes what kind of behavior is appropriate, one group who rules. I do not believe in your idea of “*Aristocrats*” with a capital “A”, with one approved kind of mindset, who will lead all men into a valley of the brightest enlightenment and perfect moral behavior, where all are equal and live in complete harmony with each other. George Orwell, another English utopian-dystopian writer, wrote in his satire “*Animal Farm*”: “*Some animals are more equal than others.*” I would like to add a dissimilar: “*All pigs are animals, thus all animals are pigs.*”

Because we are equal does not mean we are analogous, or because all men are equal, everything that is equal are men. Please see the humor of it, for I do not see anyone who smiles at this silly comparison, as is yours.

Also I do find the sentence “[...] *the Humanity, ignorant and partitioned, is at brinkmanship being on the edge of “nuclear winter” or self-destruction [...]*” an insult for almost every human being. Except for a handful of powerful people no-one is capable of this, so please do not put this in the hands of the vast majority of us, the lowly ones who grass harmlessly in the green valley, but in the hands of a few presidents, some brilliant, but ignorant scientists and the military-industrial complex which is backed up by the financial elite, for it is them who profit on wars. Be sure these people are funding both sides of the battling parties, for there are countless stories in history that say so, that these birds of prey act like that. It is my opinion that these people are the ones with double, schizophrenic standards, people who have lost their morals.

Or maybe you would like to blame the Greek philosopher Democritus [c. 460 – c. 370 bce] for this with retroactive effect, for it is him who put the existence of the atom [a Greek word!] on the map of human knowledge, although there already was talk of an atomic bomb used by Indians millennia ago in their “*Mahabharata*”. Did Democritus get the atomic knowledge from them?

People with good hearts don’t want destruction and also they do not want a military surveillance society, for that’s what we are in need of in this atomic age, just to be protected from those people and those governments with bad intents. I plead for the total disarmament of all atomic weapons, be it American, Russian, Israeli, French, Chinese, Indian, British, Northern Korean or Pakistani. As a pacifist I even would like to go a lot further; a complete disarmament of the planet, but such will stay a *Fata Morgana* until the end of times. As a pacifist there is something I will never, ever, understand. Why do we behave so violently, do we ignore each other’s basic desire of living peaceful lives, to be non-violent at home, to be non-violent on the battlefield of ideas, ideals, believe systems?

Here some other ideas of you I do not agree upon. I do not believe in Earth single currency or one Earth Bank, just as I do not believe in one single tree, the single opera, or one kind of ants, the sole shoes to wear. Also you are mistaken. There is already a single kind of currency. It is called Special Drawing Rights, which is used by the International Monetary Fund and one Earth Bank is also already existent. This bank is called Bank of International Settlements, with all the privately owned so-called Central Banks as members. All these Central Banks are not owned by the populace, but owned by a few happy mega-rich individuals and companies, and partially state property. Such will be the same for Earth Justice, Earth Parliament etc etc...

The elite rules. Plato would be more than happy for that, I presume. All this One Earth this and One Earth that is an insult for a true democratic and free society, because in such a society minorities are protected against the will of a vast majority and vice versa.

Truly, sir, I do understand what it is needed for. Total control. Every action and transaction I make is traceable and on every dime of income I have to pay high taxes, while the multinationals pay in their tax havens a

few percent on their profits. All my deeds on the city streets are monitored by camera's, my computer has a backdoor for the security agencies to sneak into, their satellite dragons circle the earth and scan it's surface for things which gets in the way of the rulers of the planet. Google and the secret services of the USA, and the Russians and the Chinese [...] know all about you. The Dutch live with the highest grade of surveillance through digital networks. The list goes on and on.

Once man depicted the all-seeing eye of God, you can still see it on the dollar bill, the high rise eye that sees through you. Now this eye has become culture and is materialized in one gigantic web of camera's and computer networks that span the globe. *"Imitatio Dei"*, that's what it is. Men believed in an all seeing pervading force and now we have copied this idea and build it for real within matter, and are living in a day and night watcher state. This state has created new enemies and our paranoid android eye-google network is non-transparent, for everything and everyone and every action is spied upon. In a democratic state it is the ones who are in power that can be hold accountable for their actions and they can be controlled by the peoples, now it's the other way round. It's a police state. The Internet is build by the military-industrial complex. The bigger the control, the more disciplined we will become for our leaders.

I saw a photograph of a few members of a New-Guinea tribe on your WPF website. It shows indigenous people and the head of their tribe has a Sony Vaio laptop on his lap. They all look mesmerized at the computer screen. First I presume this is a photo-shopped picture. Second you say indirectly: *"These people have to be educated, for they live with lost morals, double standards etc. When following my program they will become entitled as 21st century Earth citizens, and receive a diploma which says so."* Such an insult for the very few left in this world who live in total harmony with nature, for these men and women don't do any wrong. These peoples are not the barbaric ones. These are the wisest of men. They did not throw the atomic bomb on Hiroshima. It would never ever even occur to them. They haven't had any part in which big war or whatever which big financial or ecological crisis. They do not have armies, nor money, neither any kind of ambition to rule over others. These people are the purest of all men.

The only task you have as initiator of your education program is to teach and enlighten the money masters, the masters of war, the masters of religion and the masters of business affairs, those representatives which

are seated in our democratic and non-democratic parliaments, the heads of states. For there you will find men and women with lost morals, which are corrupted, who have no reason [as in intellect] but profit for themselves, their friends, their family, their international - and multi-millionaires' business interests.

**I** ask you, please, change their narrow-minded business driven political opinions. Instead of educating 7 billion people, you could do with maximum 10.000. You could save a lot of cash on that and also a lot of time and energy. Just re-educate the intellect of our so-called leaders with the meaning and purpose of love, care, creation, cooperation, tolerance and so forth. Teach them to be giving instead of taking. Teach them to understand various points of view, that our world and universe is multifaceted oneness. Teach them there is not one single truth, or one single currency, one single fruit or one animal only, the ideal man or woman, the most truthful religion. Teach them the world can only blossom through variation, through opposites, without battle of wills, because we have learned to understand that we stand united within our opposites, and that we will fall when divided. Teach our so-called masters to let go of power and ego struggles. Show the politicians what it is to be working for the good of all, instead of for themselves and the ones they really serve behind the scenes [mostly just themselves]. Enlighten them and show them how to rise into universal awareness where all the good and all of the bad intertwine and disappear; to rise above all of our collected fears and desires that steer our body-minds day in and day out.

**M**ake them see that we are nature itself, we are Earthlings, and that the Earth is the only home we'll ever have, until our solar star becomes a red dwarf and the planet evaporates into oblivion. I suppose the UN would support a space program to escape this tragic and inevitable event, but entrance in this space ship is limited and as such for a few aristocrats only, for those who have passed the Earth Citizenship exams with summa cum laude. Sub-Humans will not be allowed on board of Pegasus, which sounds a lot better than Titanic anyway. These Super-Humans will inhabit this New World within another solar system. Well: let our current top Aristocrats go there with their control on other people's state of minds, plundering and profiteering. Maybe it is a good idea to put all of them, our kings and queens et al straight away in a spaceship that will set course to Earth number 2, so we can have a quiet time over here, where men can ride their bikes within a peace of mind, swim in the rivers of life until we are blasted away by the dying sun, which will be in about 10-15 billion years, so tell me actually

what's the fuzz all about? Just stay here I say, and make it pretty and nice here for all, for these men with a destructive kind of mindset to conquer new worlds will turn out to become a disaster for the other shores we will wash upon.

I am joking of course, so I am sorry for getting cynical, but that's exactly what I get when I read that entire super human one rule for all Earth citizenship license... Every human attempt to unite all under one rule, has lead to violence and suppressed societies, be it Alexander the Great, Napoleon Bonaparte, Dzengis Khan, Julius Caesar, [...], although I understand that you want to achieve your goals in a peaceful and constructive way, instead of taking up the guns.

We all know that our contemporary elected leaders are nothing but straw men working for the International Capitalist Empire, the ICE. Please fill in the names for yourself. I am curious to your most favorite ones... Remember that every attempt to unite all under one rule has to fail tragically, for the very simple reason that nature is diverse, that nature exists because of opposites, or haven't you ever heard about day and night, male and female, positive and negative? All empires will rise and all empires will fall, such is the nature of the state we live in. Stop creating empires and they will no longer rise and no longer collapse.

One of the characteristics of existence men have to cope with is that creation and destruction are two sides of the same coin. That's why the world is in flux, within a create-destruct process, so that change is all the time. Because of this we cannot put one single abstract model upon the world, such a static model doesn't align with reality. Reality is, as said before, multifaceted and knows as many faces as there are breathing beings. Another characteristic of life is that when we "look" deep inside of ourselves, we find that we are one within the field of space and time, but that our externally orientated senses make us see, feel, hear [...] that we are all very, very different. So the world we live in is an abstraction of the physical brain and mind and all our senses behave as a reflector, as the mirror of change. We all know that almost every man acts with his physical senses instead of his spiritual awareness.

Mr. vice-chairman: You look for some kind of solution for mankind to live within harmony with each other, and I love your words which say: "[...] *To improve all human self-government on the planet on a new global basis [...]*,"

although I would change it into: *“To improve all human self-government on the planet into a self-defined personal basis which is embedded in my private expression of universal awareness.”*

I must say I admire your desire that all humans become enlightened beings. But what is enlightenment? How can you become enlightened? What is the highest moral, the best justice for all? What is wise? A Christian will say something like: *“Turn the other cheek and only through the spirit of the Christ you will find redemption.”* A leader of an indigenous Amazon tribe will have totally different views on moral, justice, enlightenment, if he ever has heard of such concepts, for these people do not live with concepts, but according to the forces and the harmony of nature. And then we have the Islamist, the Buddhists, the atheist, anarchists, democrats, imbeciles, the feminists, homosexuals, fascists, the Amish, Cherokee, Bavarians, the Taoists, the Khoisan [...]. How do we get all these various people, with all of their peculiarities, on one line?

Please, also, keep in mind that enlightened masters only can teach *“enlightenmind”* and that there is no guarantee and one remedy for pupils to reach that state of being there. It needs years and years of hard practice and/or happens in a blink of the eye. There is not one recipe for it and in the end the master cannot do anything else than to show that the door to enlightenment is always open, but that it is you who has to walk through it, not your master, nor your representative in parliament, your king or queen, or the Chairman of the United Nations.

We search for equality, one common good, but we are not equal, there is no common good, except for the common good that we are diverse, not equal. Only deep within we share exactly the same. After you have peeled of every layer of your physical existence, you can be within the void we call universal awareness, within this *“unmatter”* the old Greeks called *“chaos”*. Suddenly you *“see”*. But the thing with enlightenment for the non-enlightened ones is, is that you already are, but are just not aware of it.

The task you’ve put upon your shoulder, dear Igor, is to put it simple too big, an ambition that is unprecedented within human history. I suppose you could apply for a Sisyphus look-a-like contest. I would not be surprised if you would receive the golden medal for the best imitator, for I say it one more time: all singular models for one kind of humanity which are put upon our daily existence will fail utterly and completely. Just keep

it simple: be the change yourself, try to find your “*enlightenmind*” and share your experience with the ones close to you. More is not needed. Let go of big ambition. Make it small and personal. Stay at home and walk through that open door.

Not that I do not share your big and wonderful vision, but can it be achieved? Will humanity be finally ready for this giant leap forward, which isn't traveling to other celestial spheres as the moon or to Earth 2, but just to do good here for our planet and fellow human beings, animals and plants?

If the populace of Greece would re-educate and enlighten their military-, industrial-, political- and money masters, there would be no crisis at all for the common man over here in this beautiful country. If they would look close to what really happened, they would find out that they are being fucjked by the ICE-ing on the money cake and that they are serving them, out of their need of income. If you don't want to serve them, you're without work.

When I talk to men and women on Athens' streets they know exactly what's going on, but parliament is working not for the populace, but against them. You are all heartily welcomed to the new one-world state corporatocracy. We, the people are a commodity and we may vote, but the end of democracy for the peoples has already arrived, as if it ever really existed. Kalinichta sas. If we go on like this all may sleep tight tonight to never ever wake up within a free and open society, which we already don't.

[Here I start reading the “*Unfollow - the state of crisis we're into*” essay.]

Let me now start with my Greecis talk Solutions for Mankind pt 1 [politics], pt 2 [a new money paradigm], pt 3 [eco-nomics] and pt 4 [freedom and enlightenment]. Other subjects I would love to talk about: I will leave them for publication on the website of this project.

**Greecis talk- The First Labor of Hendrik: Solutions for Mankind pt 1 - Politics**

Back to the theme “*Follow*”, for this talk was meant to be about solutions for the crisis and not about wining all the time what the hell is wrong with us. Men have to confront themselves with an enormous task in this 21st century. We have to transfer our behavior from exploitive and competitive to

constructive and cooperative.

When I look at world politics these days, and actually not only these days, but in general throughout the whole of history, it makes me very, very sad. Territorial drifts, monkey behavior, the ones with the biggest rocket rules [a rocket is the equivalent of a something else in my pocket]. Might and power. I do not know one political system which lays all of this aside, except for anarchism, and then not in the sense of the cliché of anarchism as people who don't care about anything or anyone, but just in the semantic way, for it's a word of Greek origin, namely "*anarchos*", which means "*one without rulers*". All states and political parties hate anarchist. You know why, for the answer has just been written.

It is my opinion that top bottom structures, which looks like a pyramid or to be more specific from World Government to Local Government are not for the people, but for the ones in charge on top. So they can direct their subordinates on the streets that have the freedom [or not] to say anything they like, but have no influence at all in whatever which policy. The top steers society. You must behave like that! Do this! Such a thing is morally not accepted! All policies that are built top-down are not for the people. Here again we see a variation on the concept of an all-encompassing external divine power descending on men. These men [yes, mostly males!] in power; they find they are chosen by the one and high almighty one and have a holy task to fulfill. It is one of the biggest fallacies within human history, for this power is not descendant, but intrinsic and it's not a power either, it exceeds far beyond that...

Men cannot build a pyramid by putting the top stone first. If an Egyptian Pharaoh would have built it from his almighty high perspective, not one pyramid would exist, for it were the common men who put the gigantic stones in the desert and with one stone on top you can build a footloose high rise only. Only bottom up to top or grass-root societies can create a civilization that is constructive and cooperative. We must keep our feet on the ground and reach for the sky that resides within us. Only when deeply grounded in earth, men can find enlightenment, as trees do.

Are we in need of World Government? In need of one big European State who supervises all those different countries? I don't think so. It should be the other way around. I do not believe in big government, but in small, almost private government. Don't vote for another, vote for yourself



and get your things done together with your fellow men in a voluntary way. The unification of Europe is a disaster for varieties of peoples, customs and cultures. For Europe to be real strong and not divided, we need independent regions and independent nations. Please, Greece, stay your own peculiar selves. Catalonia Free! Friesland boppe! A strong region building is the aim. Speak in your own dialectical discourse and let your own culture flourish as never before. May Europe just become a federal union, where the nations and the [international] regions decide, not Bruxelles. I believe in regional and local governance, as close as it can get to the common people.

**A**t the same time keep the borders open for trade and erase hindrances on exchange of cultures, the flow of capital and valuable ideas.

**A**ll models of state lead to the exploitation of the common man. Any democratic republic will become a plutocracy in the end; such is the nature of its politics. As I mentioned many times before already, we live in a state corporate capitalist society and not in a democratic one, although we have the right to vote in a democratic way. So, I do not believe in this kind of democracy as a solution, as a way to follow, for if we follow it, it will become undemocratic in the end.

**Q**uestion: *“Can we delete representative democracy as it is, or how can we prevent a true democracy to become undemocratic?”*

**W**hen I vote, I give someone else the authority to make political decisions for me. The elected ones have the right to change laws and policies; they have to negotiate for solutions within opposite forces, which could oppose my points of view. Never there can be a one-to-one balance in politics, when you vote for a representative. No one has the right to think and decide for me.

**A**lso thinking in terms of communism versus capitalism, left and right [...] is a battle gone by. Politics should not be about certain dogma's to hold onto, but has one goal only: the benefit of nature, of good life on earth and because we are nature and we are life, Earth even, well-being and welfare for all is the goal, not the division of it, of who gets which slice of the pie. No! It has to be the embracing of well-being for every man and every woman, for every living creature. Throw political divisions in the dustbin of history! Let politics be a public affair of interest for all instead of a financial one!

Politics is always progressive because time is as well and as such we follow the law of nature, namely that time, progress and future are identical; intertwined in various layers. Time is destiny; always forward going in life, preserve the best [be conservative and protective] and change, steer, new opportunities that appear on the shoreline.

I plead for direct democracy, popular initiatives to the extremes, and I even would like to go as far as direct personal democracy in which the individual can apply for his specific parameters, his private configuration within this society, like to pay a specific percentage of his taxes for the things he prefers.

This is an open source democracy and I propose to stretch this open source society as far as it can get, without become totally anarchistic [in a negative context], for there are certain parameters which have to be taken care of in a collective way. I think in this computer age, such a thing is a breeze. Artificial intelligence is already outdoing human intelligence, so let's build a software program for all peoples to enter their policies and come up with some freaking brilliant new ones, please, for the old ones belong to the times of the Roman empire, you know the one about divide and conquer; me boss - you slave, instead of a humanistic grass-rooted one. In the city of Athens, there where democracy is founded, grass roots you can now find not only in the parks and gardens.

I propose a few solutions for getting things right in politics, to put the trust back of men in politicians and men's representative institutions. I repeat some of the above, because repetition is powerful when it comes to knowledge and understanding.

**First:** put an end to rule above your fellow men.

**Second** is that all politicians are not allowed to be working for third parties, for commercial companies, lobby groups, NGO's; no ties and zero bonds with the juridical system etc.

**Third** is that all politicians should be licensed to be a politician, so they must have studied politics, ethics and economics. If I want to become a plumber, I need to study and have a license, so why does that not count for politicians?

**Fourth** is that all [national] politicians are rooted within a local community, so all parts of a country have a representative in parliament. This person has to work for the good of the people in that area not restricted by political

opinions and the divisions of political parties.

**Fifth** is to set the study of politics and the politicians' mindset free of strictly divided political ideas, of the left-right paradigm, of communism versus capitalism, of progressive versus conservative, for the very simple reason that some problems need progressive solutions [the financial crisis] and other problems conservative [like the ecological crisis], and you might as well just say the other way round, when it comes to arguments and a dialectical discourse, for words are relative, just as time and perspective is. Most of the time, however it is a mix: progressive conservation of ecological communities [so: that's four political streams in one]!

**Six** is that I even would like to put an end to political parties; the populace can only vote for individuals and you can only vote for locals.

**Seven:** voting has to be obliged. At school pupils and students must study politics before their 18th birthday. They should learn the dialectical method and be able to think for themselves and find out about their personal private views and opinions. No brainwashing is allowed. Declare your real state of independence!

**Eight:** new jurisdiction has to be approved by parliament, but the third branch of a parliamentary democracy, the judiciary itself, has to perform check and balances on the parliament, not the parliament itself. No member of the juridical system may be a member of a political party. How can we free jurisdiction from political views and influence? Any suggestions?

**Nine:** make one kind of politics the central issue, namely the welfare of nature and as such the well-being of all men, animals [...].

**Ten:** I declare political divisions for dead. I plead for free and open intellect, no fixed reality tunnels. All -ism's for the dustbin! I even would like to dump egoism and stoicism that have laid the foundations for modern political philosophy.

**Eleven:** there should be a new branch within politics, next to the juridical, the executive and the legislative. This one is the financial branch, which is controlled by the other three branches, steered by the populace. It knows of only one department: the National Bank of a country.

**P**oliticians, please let people live their own preferred lives within one paradigm only, which I just said. And serve the people. Do not rule over them.

## Greecis talk: The Second Labor of Hendrik: Solutions for Mankind pt 2 - A New Money Paradigm

**A**s I told already, I used to work within a bank for almost 8 years. Not as a banker as such, but as a customer relationship manager, so for me the client was always number 1. You can imagine this to create conflicts within the finances management. Money is not about people. It is about profit, taken from the customer because he is the one who works indirectly for the bank, the bank's money is not shared with the customer, except when you own bank shares and these are on the way up, not down.

**W**e all know how we came into this crisis situation. I explained this in my "*Unfollow*" essay. Money is a crazy beast and hard to tame, for we all need it and want more of it to satisfy our needs. The states are in debt, peoples are in debt, companies are in debt and we're all guilty for our misbehavior, except for the moneylenders. We are in one big, unending, limitless and gross huge debt to nature and also to our own nature, if you think correctly.

**P**lease do not think things are getting better. Surely and definitely things are not doing well at all. The Central Banks in the West create free money like crazy and all that digital cash is not for the peoples who pay for it in the end. No: it's for the commercial banks to speculate on the market place in stocks, derivatives, the housing market etc. Mario Draghi is an ex Goldman Sachs banker, so don't expect him to do any good for the common man. This is corruption like never before, high treason of the ECB, the mobsters ruling class.

**A**nway been there before, seen it all up throughout history a million times already, and up until 2008, but now we racing up in high gear and if I say or write something, please don't expect change, for no-one ever listens to me, for I am as powerless as no money at all can get. Also, please, do not think I am against capital and me being an anti-capitalist, for I am not against money at all. I only would like to see a more equal distribution and more honest system within the use and ownership of capital.

**H**owever the word is mightier than the sword.

## The real world money paradigm

Seven billion people cannot live in abundance the way people do in the West. Western society is one that lives of exploiting natural resources. We have a long history of using violence, of looting and plundering; to suppress other countries and it's peoples and getting our needs from others instead of being self-sufficient. It's about time for the West to end that chapter, for this is getting really annoying.

If we go on like this, planet Earth will be one big empty headed plunder ball at the end of this century, so let's start getting used to the idea that our children's children will live within severe poverty in a totally destroyed environment, for that is where we are heading at. We're like little crazy and scared rabbits who stare our fixed eyes into the midst of that fast bright lights car approaching, until it crashes our eyesight and us into oblivion.

We could skip abundance and go back to the real thing only and dig out deep that rabbit hole. This rabbit hole is called scarcity, Alice. Do you like it? Where the Queen of Hearts owns all, and you will live within almost nothing, to live day in day out with one set of mind, namely: *"Am I able to feed myself and my children today and tomorrow?"*

This is a real life question, even one for me, for I haven't got money to feed myself for the next month, unless I earn some cash. I am used to live a minimum life, no holidays, no house ownership, no car or extreme luxury. The life of a photographer is not a wealthy one, at least such it is for me.

Real people that do real work create real stuff, but in our economy these people are a minority, because most people don't work and the ones who only produce services don't build material things. Politicians for example never make things, except rules; most of the times they only make things go worse and far too complicated. The financial world does not create anything, except bubbles. OK, they finance bridges, factories, office buildings, homes, so it's not that bad. They have a function. They distribute digital and analogue cash and make profit out of that. And profit is good. Loss is bad.

What do you want, my dear reader? If you disagree on what I will write below, and most probably you do, well then we have to start

all over again and build a real physical world economy, re-introduce the gold standard [which is a finite source], and wipe out the virtual money making economy by our money producers. Also debt will be seen as illegal, if you want to buy, you have to pay with real cash. Want to buy a house? Pay for it in tangible cash at once! No more speculation is allowed, no more loans are allowed, so no more interest as well, no more tax except income tax, no more welfare state, no more subsidies etc. Only the real thing counts. The rest is all a fantasy.

**W**e should do it all the way, like “*Broadway the Hard Way*” and erase modern time capitalism in one home run, this fallacy within human thought and we go back to live real lives, with real emotions and real needs, not lend from your television, a book or your neighbors opinion. No more brain fucjk, no more virtual cash reality, just back on our own destiny within a limited natural resource environment. This is a material world after all. Not a dream, no illusion. If you want to feed yourselves, go back and start working again in the garden.

**H**owever within human mind, we create outside fixed reality paradigms. So I will write here about a few proposals for change, but remember I don't own and control the digital cash machines. Wish I did. Then we could have some real fun here on planet Earth. Let me control this machine and we'll have a big, big party over here. How to achieve these proposals I write about? To lay these into good foundation in the real world we have to reconsider the following word: “*Abundance*”.

**T**here is not one single reason men could not live in financial abundance. Nature is abundant. Humanity itself has become abundant. Nature knows a few things and one of them is variety and lots and lots of that.

**O**h, Hendrik! Be our new Heracles and come and clean the Augean stables, in which the money world has turned into! I can hear your crying for this, so here I am. Dig this.

**F**irst: originally money replaced a certain value for goods or services. Men exchanged goods, like you 10 bananas, me 3 pineapples. You can't eat money, but bananas. You cannot hear money sing a song, unless you go to a concert, where a singer does and you'd pay for the ticket. In other words: Money is part of our real world paradigm, but money itself is nothing else

than an abstraction, a concept made tangible.

**S**econd: money is debt. I am not allowed to eat the banana, before I have paid my debt for the value of the fruit. Next to debt, money is also scarce, not that there isn't a lot of it, but in the sense that it is not in your free hands to produce it; such a privilege is only for Central Banks, institutions as the IMF, the World Bank and private banks. You may grow strawberries fields forever, but not print some cash for yourself.

**T**hird: we need to know that most of the Central Banks are not owned by national governments, but are privately owned. The Federal Reserve of America, The Bank of England, the ECB and almost all the other Central Banks of the world should be put under democratic control and ownership of the elected people only, instead of the current owners and stakeholders. Owner of a Central Bank will be the people, so in the case of Greece, each Greek becomes a shareholder at the age of 18, when people are allowed to vote for national, regional, and local government. Each citizen has the right to complain against the Central Banks governance. These complaints have to be accounted through independent jurisdiction.

**F**ourth: anyone who says that the crisis is because of some natural flaws within our economic paradigm, is a liar. Economy is no hard science and has nothing to do with the nature of the world, except for the scarcity or abundance of minerals and other objects we take, use and exploit within nature itself. The crisis of 2007-2008 did not occur because of natural scarcity; it was a house bubble collapse, a pumped up virtual reality explosion, brought down by gravitational forces not ruled by nature, but by educated men. This crisis was followed within Europe with the Euro crisis, for I did say already that there is an electronic digital battle going on in the worldwide span of high finance.

**F**ifth: money belongs to the category of culture and is as such not bound to the laws of nature. In other words: we can mould it anyway we want to, and such even more in a digital environment. These days the most important currency, the American Dollar, is also the world reserve currency. Our main energy source, oil, is paid in US Dollars. Oil is a limited resource. Printing dollars not. This creates an imbalance within the world's economy. If we would have unlimited energy resources like solar and wind energy, we could couple this to unlimited money creation, and this does not create any imbalance at all. So, in this case, let us make money, just as nature is,

plenty. Why not make it as limitless as oxygen is, as endless as the universe? There is no limit to it, as the production owners want you to believe in. First type a 1 and then an endless numbers of o's. That will do the work. I know this sounds like an utopian flight in the wrong direction for most of you, especially for the money masters, but actually I don't care, if you think so. If you think I have gone berserk, that's fine with me, because I haven't. Money as free as oxygen, as the wind, free as the sunshine! What do you think of that? Mmm... I want to breath in some laughing cgash!

**S**ixth: international tax evasion privately, by businesses and within the financial sector should be forbidden.

**S**eventh: interests on loans, private and business, should be forbidden as well.

**E**ighth: tax has to be paid in the country where you live. When your business is located in another country, you have to pay taxes there as well. So-called letterbox companies should become illegal.

**N**inth: banks should only be allowed to make transactions of privately and/or corporately owned money, as a service for the peoples itself. Private banks should not be allowed to create money at all. This should be a task of the Central Bank of a National Government and so indirectly be created by the people who have elected their representatives; never within a privately owned company.

**T**enth: speculation with money should be forbidden and would not make any kind of sense anyway, if we cut the rule of scarcity within money production, which we just did under fifth. High Frequency Trading, CDO's, CDS's, the genius algebraic calculations of Quants, all derivatives which are out on the market place: put a hold on it! Identify them as illegal activities! You don't need any kind of digital calculation in an abundant money creating cash machine for all.

**E**leventh: I plead for another crazy solution, not as drastic as the one under #5, at least within your perception of the money world. I already proposed that money is plenty, if we want to. This solution is called "*Free Basic Income [FBI!]*". One of the reasons I think so, is because of the huge growth of humanity and automation of workforce by robots and computers. There will be less and less need of people who work, and thus have no income.



People with a FBI can add their income with work for third parties or become creatively independent for themselves. They can receive loans with no interest that has to be paid back within a certain time frame. If you want to lend more than your FBI can cope with, then you have to earn this extra money. I know this sounds like a dream, but it is not. It can be real, if we want to.

**T**welfth: inflation? Why should things become more expensive? Rationally there is no reason for it at all, if you combine it with basic income, no more rent on loans and money production for all the peoples by national and democratic governed Central Banks, instead by private banks that act for their owners only. If we cannot get rid of inflation, the money production line at the National Central Banks compensate for inflation anyway, which will equal the losses on value.

**T**hirteenth: there is no run on banks, because there is nothing to run for, except to the springboard of Scrooge McDuck's swimming pool and anyone can jump in it and ask for a loan, use that loan for whatever you like, get out, make your own product or service, create, even quite your job if you like and live your life up to your most essential private being and do something useful for society, for the well-being of all.

**F**ourteenth: an economic system that is build on debt and destruction, is not sustainable. Every ten years or so, all of our created debts can be wiped out, erased and put on zero. This is not new, the Persians did such already thousands of years ago. Such a relieve! Create more nature! Create more nature! Debt and destruction are thrown out of our economic system.

**F**ifteenth: to sum it up, we must gear into financial engineering 3.0 and make finances easy. It's all culture, a creative thing in the end. If money becomes plenty, there also is not much reason to make products very expensive, because costs are covered by plenty. However I would keep it simple; the producer pays for the costs of material, work, transport etc and profits are the way you like it and are able to negotiate. We would start working for joy instead of necessity. Everyone expects chaos [in the sense of disorder], for sure, don't you? Could be, but not necessarily so.

**S**ixteenth: really, God's all-seeing eye on the dollar bill would not care at all that you free yourselves from the money master slavery world. He would approve, I am sure. Stands to applaud. Don't forget that he sees

through our eyes only and when we make money as abundant as the universe, which we can do if we want it to [don't believe your masters who says it cannot be done], you might as well make all for free, but I am afraid HSBC goes berserk then, as all the other big ones, who are too big too fail, but who's management never, ever went to jail when they took all, and fucjked it up completely and deliberately just a few years ago.

**Seventeenth:** back to taxes. When money becomes plenty, still there have to be some rules to be followed. One of them is that the national state and its national bank are allowed to create cash flow, however only for the people, not for themselves and for commercial banks to speculate. Our goal is to create a bottom-up society, not the old paradigm of the leader who decides upon us and our lives and what to do with it. Everyone has to pay a vast percentage of taxes, be it young, old, private, enterprises [...], let's say 30% of all of your income and profit. However it is you who decides how much of your income tax goes to which task of the state, like public transport, the maintenance of national parks, education, healthcare, clean water, infrastructure [...]. A very simple interface within your tax program could do the work. When the people are educated in the right way, they know their responsibilities and they know what is good for their community. All other taxes that exist right now, like VAT, tax on capital, tax on inheritances etc; well wave bye bye to them, just as big drop down into the waste bucket for subsidies. In an open source society all is in the open, no more veils in front of our faces and the ones who service our society. The people work for the state of well-being for all, be it in a privately owned company, for a third party company, or for the government of the country you live in.

**Eighteenth:** within Europe and the ECB countries I plead for the re-introduction of national or even regional coins, next to the Euro. So we can promote local or national economies within local or national communities. All international payments are in €.

I know you think I am a madman, after this, but such is not the case. Some of this I said to you before and here I repeat it again and again. Money is already created for free by the IMF, The ECB, the Federal Reserve [...], but this money does not go to the peoples, no it is created for the big banks only, and some little bits for the welfare states, huge quantities of various subsidies for the farmers and industrials [the oil industry receives lots of it], and a part of it is flushed to the unemployed, the sick

and the needy, who pump all of this cash directly back into the economy, these non-owners under us. The vast majority of this virtual money market economy streams within the financial industry only and it finds enough space to speculate more and more and more [...] within their own created utopian world. They pay hardly anything, almost nothing for it, while you still have to pay a considerable amount of interest for your mortgage, loans etc. Remember the ways banks behave these days is like a virtual market economist, where nothing exists for real, only calculations on a digital computer screen.

**T**he money world has become a complete fantasy these days. And know that within a deregulated free market economy this will become much and much worse. Companies are the new states, not nations, and old city-states as Athens and Venice are history as well.

**S**o I call upon the digital world revolution to become grass rooted and set man free of financial worries. Open the golden gates of 1 and 0. You, yes it's you I am talking to, you may carry the Golden Fleece from now on. Follow Jason and the Argonauts!

**M**ajor changes in politics and finances are only possible if we would live up to some rules, which are explained in the upcoming subject, namely eco-nomics.

### Greecis talk: The Third Labor of Hendrik: Solutions for Mankind pt 3 - Eco-nomics

**S**o here we find ourselves within an open source community, where finances are abundant, where human interaction is abundant, where every civilian is a ruler of his own life. Yes, we have all become anarchists [you rule yourself] within a true democracy. Am I a dreamer? Maybe, but I am not the only one.

**E**co- and -nomics. Well, “-nomics” comes from [what else?] the Greek word “*nomos*”. It means “law”. “Eco” comes from “*oikos*” and means “home”. So here we have the word “eco-nomics”, the law of the home. However the dash, which I just put in-between, makes its connotation different, namely the law of home within ecology and for the environment. Human life is only a very, very tiny part within the structures of ecology; we are

imbedded first within natural environment and only secondly within a cultural environment.

**H**owever because of our greedy behavior and totally whacked off way of dealing with nature, we destroy our own ecology and environment.

**W**e must change our oil driven economy into an infinite resource economy. There is no other way for humanity. If you disagree I'll come over and paint your face with the smear of dirty oil, like British Petrol and Halliburton did with the sea life after the Deepwater Horizon disaster in the Caribbean. These irresponsible bastards. You don't want to know how bad it is over there.

**I**n a finite resource world, an infinite money creating economy is not sustainable. In an infinite resource world a infinite money creating economy is sustainable. Read these two sentences one more time, please, otherwise you don't get it. In a finite resource world, an infinite money creating economy is not sustainable. In an infinite resource world a infinite money creating economy is sustainable.

**H**ow can we create an infinite resource world with a back up of infinite finances? Answer: infinite money resource has to start financing these infinite resources, like solar power, wind energy, tidal-wave energy and water-electricity plants. In its return the infinite energy resources finance the infinite money paradigm. An International New Kind of Deal for using, not misusing, abundantly available natural energy sources. All the hundreds of billions of €'s and \$'s which are created by the Central Banks and pumped in the financial industry to speculate all over and over again, could be used for better reasons, as for this project, this Herculean work.

**O**pen a book. Write the book. It's a ledger. All is written in it, what comes in, what goes out. What goes out is a lot, what comes in is a lot too. When you're done with this awareness project of freeing the world from limited views to one without. Yes, bio-energy powers the whole of the planets economy, 100% of it. Then close the book. No limits to the infinite money paradigm, and we build that windmill, those houses which are durable and with low energy costs. In fact we start to build only houses that generate energy. These kinds of houses already exist, and if you were unaware of that, please feel free to enlighten yourself.

There is no need for it to be expensive, for the best and strongest materials come from nature itself. We only have to copy and harvest.

When you're there, reached the goal, throw away this ledger. The money was just a full air balloon, but now we live in a non-polluted environment and all the mess will disappear. Mankind lives in abundance and the rich-poor paradigm has finished to exist.

Question: *"Will they let us?"* Answer: *"Dream on baby."*

### Eco-nomic behavior

Strict rules on the use of chemicals have to be implanted, and we should start to extract everything from natural growing resources. Don't cut no more trees, for wood we can use other materials as bamboo for the floors and hemp for paper; motor oil comes from bioorganics only, city roofs are covered with [food] gardens, newly planted trees in town carry fruits and nuts. Parks carry berries and city bird wildlife. Transform cities to perm cultures, where the heights of the buildings are covered with various greenery. If you are in search of the new architect described in Ayn Rand's *"Atlas Shrugged"*, I could fill in the picture, but then in a organic way, for my name is adamadams, you know that guy from the garden.

Making Athens greener? OK! More water life in town? OK! Abundant parks? OK? *"Just do it,"* as goddess Nike says victoriously to you, you green citizen. One third of all the roofs: make them green, on the other third plant solar power grids, the third third is for play and collecting rainwater. Implement some simple rules. Make some high-rise connections between the various greeneries.

Become most-time vegetarian, promise me, not part-time. Believe me it is much better for nature and also for yourself, your body, your spiritual well-being. The mass murder on animals and our eco-genocide has to stop.

In The Netherlands we slaughter 500 million animals every year, mostly for export goals. That's about 30 animals a Dutchman, and I do not mean flies on sorbet. These animals live their lives in hellish conditions and if you think I exaggerate, I can send you some films, which makes you wanna puke out of disgust, for how we treat our fellow beautiful cows, pigs, sheep [...] is a

shame for mankind, and it feeds the universal spirit with contempt.

**F**rom an earth perspective: if we would stop eating meat for 90%, slow down with consuming dairy products and stop cutting trees; start to grow vegetable life in a perm way; then the ecological crisis would be over in a breeze [and cut mineral oil also from your menu, as far as you can]. We can't allow ourselves to fucjking us and everyone out of the ecological system, for it can be that the hockey stick theory temperatures will be going in overdrive and then we're seriously wasted over here. Then we're cooked as frogs in a pan, without us noticing. And I can tell you that, Texan guy, that ain't nice boiling over there on your veranda.

**M**ake energy production local, make food as local as it gets. Take the bike. Walk and commute with public transport. Make public transport free. Make within every neighborhood parks and grow vegetable gardens as a public service, also on the roofs of your city buildings. Share the crops with your friends from the hood you live in. I do live in a flat roof apartment building and would love to have my green food garden on top, with a few solar grids and a small windmill to satisfy my energy needs. Do local transport with lorry e-bikes and trolleys, cable roads, over waterways. May the designers design our new products with e-principles as durability, bio-degradable [if you would throw it away, it would decompose to soil], high user quality, user friendly, recyclable [...]. Work harder designers, work harder please!

**I**n 20 years from now 5 billion people will be living in cities only. For saving and being climate positive, introduce these things. We must.

**O**ne womb one child, max two. Bio-plastics through biological oils. Recycle all the garbage, or burn them and feed the energy grid with it [in Amsterdam house garbage is partly recycled and party burned and the energy we get from burning is used for powering our public transport]. I want producers to take back their goods after use. Build a cradle-to-cradle, cradle-to-cradle and a cradle-to-cradle society. Develop smarter and even smarter computers for the benefit of man itself, for from its abstracter thinking models man can learn many things, as better calculations for economic models, more useful e-nergy and use of e-connectivity for you and for me. We should build more interactions; find better understanding of our common heritage and inheritance. The earth is home and here we are. We are one. The number one is a law of nature. Once you've typed it in and think of

others, thinking of collections, all zeros appear on the screen. And here we are. Abundance itself. Create a society as such.

**S**o, the house of e-cology and of e-nvironment, is set. A house of non-polluted material that produces energy for the grid to live off and that is recyclable. A body of nature in town, instead of a house of non-organic homegrown from far, far away. All the information is already available for you. Surf the web and find the 1000's and 1000's of initiatives of the free peoples, where people build houses themselves, some of them are called "*Earth ship*", houses with walls of straw, plastered with clay, some covered in stone.

**H**emp is a vital plant for the eco-revolution. Not as a drug, but as the highest CO<sub>2</sub> absorbing plant. From it's fiber man can build the strongest material, skins for cars, houses, bicycles, textiles [...]. If you would cut a few hemp crops on a poor soil and leave all to rot, within 2-4 years the once poor ground is again fully regenerated. It's the strongest revitalizer the earth knows. Grow hemp in abundance and fucjk the growth of soybeans for animal slaughter.

**T**he ecological revolution starts at home. National -, regional - and local governance have to make strict rules for which kind of use for what kind of materials. This is no hippie shit, but just common sense within ecological engineering. Remember we are not here to waste, but to create beauty, for that what's art doing, or should be aiming for in a more, eh, abundant way.

**T**here is as much choice to make as the advertisements tell you, your folks, your doctor, the mathematician and your calendar. So here is mine. What would I do? Many choices already have been made before and we've learned from them, what works better and what works not. But please choose your own, for its each person's individuals way which leads to an enlightened mind. Strange isn't it, within peoples of different perceptions, some things rule and others don't, for the simple reason that it's natures laws, that one option works and the other option not.

**I** like eating healthy food. Get as close as it can get to live food, as fresh and as pure as nature produces. Factory food is generally spoken not up to a standard living good, so skip this as much as you can. You really don't need that much and certainly not all that twisted industrialized filling we

call food. Grains, veggies, fruits, herbs, nuts and water [and its\abstracts], all within its own season.

Within space all is available, as it is in the shops, in the forests, information itself, your eco-nomic reporter tells you that. Listen well to the information that's coming to you, day in day out and be aware of it's nature and when it speaks to you, know that it is the medium of the purification itself. Our e-nvironment is a reflection of the self, while we are remaining in the mirror of self-enquiry. To follow and reaching the fields of ae-wareness, for e-nlightenmind, we have to clean some.

### Into eco-nomics

Eco-nomics is a trademark and should be a necessity for all goods in the marketplace. Please, Mr. Kondrashin, some world politics have to be applied, so don't you worry, you also will get your way. As I said, no world government, but world grid; what functions and what doesn't and all seen from the astronauts and engineers view and the farmers intellect, for we are the ones with the electric boots on. World government is needed in the form of a assembly of scientist, ecologist, philosophers, city planners, not in the form of a election process and national divisions. World Government is not a government, but a consultancy of the common people, they don't rule, but teach. No tie with any kind of business is rule. In this other UN, fill the assembly where clergy and mathematicians meet with dancers, with nurses, engineers and designers, with gold diggers, with healers, with glass blowers and cultivators, enlightened men and women, with foresters and farmers, with people who understand the various natures of the universe.

Everything eco-nomics does is to be an antenna for the materialization of dreams of paradise, for you may believe we are thrown out, but we aren't, unless we demolish it with our fatal behavior, caused by fear. Choose for desire and after you have reached your desire, let it grow. This e-nvironment we live in is the real thing, it is not fake, no illusions, billions of different views upon the same subjects and objects and still all is ours, for not to be hold onto, but to let go and let flourish. Governance is a root thing. So no more top down, remember? This whole e-thing here and there is Earth, elements, dirt and worms and shit and all. From all of that the apple tree blossoms and its DNA spirals as two snakes do within our Tree of Life, our Tree of Knowledge, for all wisdom and life resides inside of us.



It's a strange paradise, but it is here under your feet, up in the sky. Just look at the waterfall and the stars, and may the breeze of wind caress your soul.

The Earth is a living, conscious eco-system and the more we deny this, the deeper we fall into that wrong rabbit hole. The Greeks called Earth "Gaia", the great mother of all, the birth giver of life. When we fuck it up with Gaia, she'll fuck us down. We'll just have to care for this womb we live in and from which we have sprouted into life and are born. Perceive the universe as a womb too and feel, find, comfort in it. She is not our enemy, but our companion.

I have always wondered why we act with ignorance to our environment. The earth can carry all and feed all very, very well. Even 9 billion of us. Nature is abundant from itself and the whole cycle of the seasons and of birth and death has to be accepted, not to be struggled against. Do not swim against the tides, but join them and let it grow.

Bioorganic farming is more durable and offers more variety and better crop than industrial farming does. This has been proven many times within various studies, be it from researchers with negative eco-prejudice as well as within independent studies.

We could come up with various calculations that couples best bioorganic farming practices, with other parameters as Energy Return on Investment [ENROI] and Ecology Return on Investment [ECROI]. And as always come up with local calculations, not global, for what works in Crete does not apply for Tanzania or Scotland.

During the years I have seen so many simple solutions, or read about them, but we just don't let these things happen. It's hard to let go of old, worn out believe systems, don't tell me.

9 billion

9 billion people soon and for all a good life. Is such a thing feasible? No, it's not, that's not the way nature works. Only cultivation will do. Cultivation of the land for producing high nutrient food, and by high nutrient food I mean high, so as fresh as it can be. Still vibrating with energy, from it's season. Plant crops in varieties as much as you can, to make

interactions and let the growing and healing forces of life nature itself do the work. Good soil will do. Make the soil healthy again. Worldwide. Throw in real seeds, not those manipulated ones. The world is NOT a commerce place. Every season every crop on a different place. Move round with your planting businesses, for it's the best recipe against drought and earth disintegration. Yes you all will have to become gardeners now, in this new 21st century. After the end of the age of oil, enter please the technical revolution of solar systems and wind energy. Or will cold fusion be the future or the energy we can produce with blacklight? I am confident we will live with limitless energy resources before 2040 and that at best these will be implanted local. Men have to raise goodness and give it back to his e-nvironment. That's an important factor. Put in on a higher, more empathetic and loyal, level. Our only master is the beauty of the world, how to maintain it, how to make it more beautiful and work for 9 billion of us.

State, be good in this wor[l]d.

Eco-nomics is for me also e-motion, as in feelings, sorrows and joy. I have always wondered why men behave the way they do, the way I do. There is definitely no logic in human behavior, believe me. We think we do, that we are the ones who are in control all the time, when actually most of it makes no sense at all. Every day gives new perspectives and insights. Non-sense is the beauty of it. Such gives the life the turns and the twists and all it's variations. It is just an expression of life force and how it all works is an answer far beyond our imagination.

Most people just want a simple and good life, all basic needs are fulfilled and the extra's for choosing yourself. Not too much fuzz, little drama, much happiness and connectivity with people you care for. When others overpower you, your ideal state has gone, but still we all have the right to posses our own ideal state, for the time being. So what can the state do for us? The state has to provide a few very simple parameters: personal freedom, environmental health, juridical protection and public services to the extreme. Commercial companies are not liable for this; they do commercial stuff like your i-Thing so and so forth.

As a free human being I do not say that there should not be a state at all. I disagree with that anarchist cliché. I see the state only as a grid, a framework, a provider for our general needs, the state is a working abstraction that functions well for all of us. A political-economic system

without any structures will fail, so build a grid where all can login and give their preferences for their kind of society. A good society provides and moreover there is a limitless money supply when we plug into limitless energy sources, as we already agreed upon. Politically we are freed from dogmas and silly contradictions. There is no doubt this cannot be done, to the contrary: a lot can be done within this kind of fine-tuning for all.

**W**e've always looked in the wrong direction when it comes to service and state and energy and economy and enough of it. Now, no more when we follow the state of eco-nomics. We expect the state to be good for us, and also that we are good for the state of our collective well-being, for we all work for our collective well-being, not only mine. It's also yours and theirs. Delete the us and them paradigm please. You are not outside, but within, part of it, part of the whole and whole at the same time.

**Greecis talk: The Fourth Labor of Hendrik: Solutions for Mankind pt 4  
Freedom and enlightenment**

**D**ivinity resides within us and not on some other out-of-this-world-realm. Shocked? Don't be, for it's the truth, for as far as men can understand the truth. Truth is relative and so are you. You are space already there and here and now and you are not non-existent. You're even existent when you leave the body behind, for your identification with the body-mind-spirit is correct, but not complete without the void, which is your core essence. There are many manifestations in the reality world and all are certain forms of energy and chaos, the first and only is all we sprout from, as far as you can put any kind of reference to it, for actually we can't do that. Any reference to chaos is mistaken for it knows of no reference at all, except it's own mirroring in the life, to become even more aware, at least that's the way I see it. We are merely spectators in this game, awareness suppliers. Life indeed is a stage, or better: many stages in which we unfold and express, evolve, create.

**M**any bad things happen in this world and it's something I can't cope with. Fed up with it to the max. Indifference is one of them. The destruction of [wild animal] life belongs to the most terrible of all. Our utopian commercial enterprise model is another of them. It looks great, truly fantastic all these beautiful advertisements and the nicely designed packages, but it is in the real world a big fucjk you to the earth, the animals, the plants, the seas, the land, the workers. It is thoroughly dystopian in its

essence. As long as I am happy, nothing is wrong with the world, while most of the people are neglected any kind of access to a healthy, comfortable and justified lifestyle.

One man cannot change the world. He can only change himself and as such his close-by environment. So more men can change societies when the majority agrees to a new paradigm. And we are truly in for a new one.

### The freedom paradigm

We have the right to live free, say what we like, act as we only prefer to. That's our human right. A free man is a real man, non-free men are slaves and bound and tied, subordinated. Free men are almost non-existent. I don't know anyone who is really free, except for the ones who died for they are finally unbound, and even that is a presumption we cannot answer, for it does not belong to our knowledge, and those who died are not knowable anymore, at least in not a life setting.

Me personally; I find freedom a very strange kind of idea or concept, for what is it for? Is it a motive for the non-free to aim for? Is it someone with fear for commitment? Is it only a word tool, so you can say whatever you like, and do things off track, even if it is a lie, or just utter nonsense?

For me freedom means to live the life I want to live in a unique way. This also means freedom of travel, of thought, of political choice, of gathering, of expression, of doing. Just all. Except one thing: unfreedom. Unfreedom is that which is contained within many characteristics of our current society. We cry for freedom, but we don't live up to it and don't share it with others, but want to, need to very, very badly. But how far can too far go, when it comes to freedom? Are we allowed to take or make profit from others, even if this person did not agree with the profiteering of him? I don't think that can be done. People have the right to live free; the woman to divorce her violent husband after many years of silent struggles and sacrifices, the football player not to be owned by a club, but by himself. Is the state allowed [free] to ask 54% income tax, above all the other taxes?

With freedom it is important to be aware that also the counterpart, the one who wants to be in control over you, is aiming for his freedom

as well, because from what he takes from you he can do his preferred things. So freedom and oppression are two sides of the same coin. Most of the time freedom is an equivalent for more cash, the more you have, the freer you are. This is a mistake for freedom counts for something else than cash.

**S**tates and believe systems are the biggest enemies for freedom. Is that correct? Am I talking nonsense, when I say so? Do I have the freedom to say so, even if it is the opposite of the truth, because through states and believe systems only we may find our way to freedom? The one who knows, may say so. Which one is the right perspective? Are all perspectives right? Or is every perspective just a perspective and not the truth? Is what I express here just a silly mistake? The state protects my freedom. Religion offers release from spiritual burdens, to become free. Again: is that correct?

**F**reedom has become a mantra for so many and most of them abuse it. We can throw freedom for a major part in the dustbin, like all the physical and non-physical violence that comes out of it; things we destruct because we think we have the right to be free to the max and because of that restrict others in their aims.

**I**do not want military to be free with their doings. I do not want oil junkies drilling and pumping in my backyard. I do not want the ECB to be free with it's money policy for the big banks only. I also do not want man do demolish the rain forests because we think we are free to use it for whatever which reasons. I do not want a free credit card ride for the already powerful. I do not want men slaughter billions of animals year in year out. I want a no go against deforestation, a no go against whale fishing [...].

**W**e are not free, my dear fellow human beings. We are not free at all. Freedom is the biggest charade of them all! We are bound to Earth as a child to mother in her womb. We are bound by traditions, by good practice, by empathy, by passions, by goodness, by correct behavior, by the DNA in our own bodies. But what is best practice, what is correct behavior? As long as I get what I want, then all is fine. Isn't it? Yes unfortunately it is so for almost everyone.

**W**hen men speak of free will they mean to say to ride their own destiny grid. That no one has the right to suppress you, to rob you of your freedom, opinion, expression, the way you want to live your life, and more of that kind... Yes, men should be free like that, unless it goes against

the laws of nature.

We should hold high a very simple new paradigm, which I would like to call “*The Must Does for True Freedom*”, which is a contradiction, for when you must do something you are no longer free. It sounds a bit like that one sentence from the Icelandic singer Björk which I like to much: “*I’ve tried to organize freedom, how Scandinavian of me.*”

If you want to be free, let go of control. If we want to live in a free and open society, the spying on all of us has to stop. People should have the right to control the state to the max, not the other way around.

I would like to see all men to become actively the co-creator of nature, we will make more of it than we misuse, abuse, use. We start to become an Earth producer, mixer, editor and raiser, caretaker not undertaker. Instead of the destroyer of the world we become the co-creator, the stimulator of it. Every freedom you desire is beautiful as long as you create more freedom for life. You do no longer live in a negative mode, but support natural processes in progress. Men have to start to learn to live in cooperation with nature, instead of against it. Nature is much and much smarter than we are. Start living of clean and abundant energy resources. Copy nature and xerox it over and over again. Do anything that creates more and more life. Fucjk.

I fail. Am I?

We seriously have to start thinking of a new leap forward. Our current path is leading to serious demolition of our planet. Don’t get this wrong; we cannot underestimate our wrongdoings. We are fucjking it up like no hell before ever did. What are we doing? Can you answer me?

There is no doubt that I failed and still do so. I can’t live without the luxury surrounded and the heater when it’s cold outside. So yes, I am failing. There is no denial, not only as a photographer and writer, moreover as a mensch who really tries to make things to be better for all around, without pleasing them too much. There is my DNA, the way I’ve been raised and my cultural luggage. I am a limited man and my perception is just my perception and it never ever can be copied to another individual. My freedom views and work and all of my doings are just me and cannot be put upon the shoulder of another human being; neither can my intellect be put inside of your brain.

Only through failure we see what is wrong and what can be adjusted. Through best practice only we experience what works for our well-being, but for someone else it can be that it is not a best practice. Not only time is relative, but so am I and my actions and thoughts, ideas. And you are living within other relationships as I do, so you have to fail for yourself and come up with ways not to fail again.

I can't cope up with all the might and the powers of others already too long time in control of the scheme of things. And I even do not want to. I am just trying to avoid them as much as I can. I do feel like I am responsible for my own doings and that to put my doings under someone else's umbrella is wrong. The same I think of others who put their [un]doings under my umbrella.

### A state of enlightenment

There is a strange thing going on in our quantum world. It folds as we see fit. So it happens all in the brain. We are physical and are nothingness at the same time and we can make choices, we are free to do so. However; can you only choose one? No, you just choose either options, or even more than two. It all depends on your own created mindset. The only one who can set anyone free, is yourself. Not a guru, a teacher, a mother, a politician, the clergyman.

The questions I asked after I explained 4 men's thoughts on life in the beginning of my speech. Do you remember the names I mentioned: [Descartes](#), [Bergson](#), [Black Elk](#) and [Swaab](#) [on page 145-147]? They are all right, up until a certain level, which is limited by their own perception within life. [Swaab](#), as a true Dutchman and thus materialist, does not detect a personal soul within. Sorry Dick. Tell me. Who are you then? The soul cannot be detected through physical investigations, so you can look in a brain for centuries, but still you won't find your own personal soul. Therefore you must become meditative. [Descartes'](#) body-soul dichotomy turns out to be whole. [Bergson](#) thought time is not determined. There is a chance it is and there is a chance it is not. We are just uncertain of the principle relation between time and necessity, especially in Copenhagen. [Black Elk's](#) wisdom still enchants me. His vision is so beautiful and of such a rich spiritual meaning that words fail to express the importance of it. You must have experienced his vision to believe in it. But, sadly for humanity and nature, the American Indian is outnumbered by White Men's dichotomy burden. And

even more tragically: the American Indians knew before already...

**Y**es you are an automaton, although I prefer the word organism.  
**Y**es: men are free. Yes: men are bound. Yes: all that happens within time is already known. Yes: all that happens within time is not known, or maybe it is known, but you're sure when things happens. Some prophesies happen. Others don't. You do have a personal soul and yes you also do have a impersonal soul. Yes: you are whole. And yes: you are a part of the whole. Depending on our relation and observation manifestations unfold in time.

**H**owever these four men do not exclude another in this world. Broaden your horizon my dear reader. Nature does its work and its forces are within. If you'd like to break through your illusions and reside only in the enlightened world you have to sit down, become silent, turn inside, breath in and breath out. As all meditators found out, you will find yourself within limitless space and time, you are no longer there or here, but are within pure bliss. You have become one with all. You are pure and simple awareness. You are already at home. This is paradise. All is full of love.

**T**o be in enlightened state means to have reached the ultimate peak of every souls journey, only there is no journey and there is no peak either. There is no means as well as there is no state. All souls are already enlightened; only most of us are not aware. There is no you either, only I AM. There is no us and them paradigm. We all are the universe.

**I**am joking when I say that you are a very dangerous man, Mr. vice-president. But please consider this: when all men will become truly free, liberal enlightened human beings. Do you know what would happen then? There would be no more desire, neither pain, nothing to aim for, nothing to gain. Only men and women filled with bliss and whole the economy would crumble apart, no more military, no more guards at the borders, for being enlightened is no more borders, endless, vast, loving beyond comprehension. The most secure of all securities. All violence and ignorance would disappear, just as politicians and democratic parliaments. Nature has accomplished its aim. Men would start listening to what's inside only and understand the nature of all, the nature of the heart that binds the eye that sees. The rulers have seized to exist, for enlightened ones know of no rule and know of no commanders and commandments. Enlightened people do not want to rule. This means the end of aristocracy. No more high rise eyebrows to see us through. Isn't that a wonderful, enchanting prospect?



From the moment I'll get enlightened I start painting again and clean the house much better. With some good green soap I will wash them dishes and all of that kind of thing. I would forget about the rest, I think. The world around me would become of less interest and I would close my eyes, ease all the senses and start diving in deeper and deeper, meditate like no end, continuously feed myself with utter bliss. Blissfulness to and fro until the morning sunrise and evening sunset. Bliss while being lost in the woods. Bliss while standing at the airports' border control. Bliss while holding on the steel rail.

All can happen as long as we follow the inner voices of nature. Men, we are genius kind of creature if we want to, with our brains locked into eternity, universal wisdom and widescreen. Look at all the beauty men have created; the architecture, the music, the paintings, the sculptures, fashion, a sailboat, the literature of countless writers, the talks of true human beings like Black Elk.

Can we all be free and enlightened at the same time; becoming the brightest bodies of energy, to vibrate within high frequencies continuously all the time day in day out? That we are [the stream of] consciousness ourselves? All of us?

Of course we can, if we like to.

We are all enlightened ones, but not aware of it and certainly not living up to it. Unaware of our greatest potentiality. Become meditative from this moment on. Practice pranayama breathing techniques. Be silent, drop outside, tune inside.

### The state of enlightenment

What could an enlightened state do for us? Where a state as in governance would work with the principles of enlightenment and I do not mean the Age of Enlightenment, but enlightenment as in Buddhism or as in the Christian tradition. How would that kind of state function and look like? What would be the benefit of it, Mr. vice-chairman?

Would it be that all would end, the world as we know it, will it fade away? Well, for sure it will, what else do you think? We are here

for the joy it experiences, for there are no more questions about right and wrong. Men would live much simpler lives and there is no more searching, for all is already given to you. An enlightened state contains men set free of suffering and ignorance. Such a state would support what is the best for everyone's unique individual parameter. Never no more any kind of crappy struggles, down in Athens, Cairo, Kiev, Madrid, Hong Kong or downtown Manhattan. Only teachers of mankind left, no one to teach anymore, for we all are blissed, have become teachers ourselves. Finally we may rest from the struggles and the fights for the right to be free within an open [democratic] society. The whole of human history is filled with stories of travelers who are searching for freedom and the light within. Men and women who would like to find and come home again after struggles, of hardships to overcome and now all has seized to be like that.

**T**he End of History, not in the way Francis Fukuyama once prophesied, but as the perfect state of men to live in. Men searcher for togetherness, for worldwide binding for real. Eagerly we try to find the ideal state, a borderless society where all life is respected, where you can travel freely, speak freely, live as free [wo]men.

**I**am convinced that when men starts using unlimited and non-pollutive energy resources to power 100% of all of our needs, an enlightened state in within reach. Then, with no doubt, our current economic system will collapse and the powers that ruled before have become redundant. From that moment men can produce and create to the limit within the cycles of nature and live within a truly free, abundant and autarkic, but opened and limitless society.

**I** started these essays with Aristotle. Let's close it with another big historical name within humanity. He is seen as the spiritual leader in the West for many centuries. I find the one of the coolest stories of Christ the one in which he furiously threw the money changers out of Herod's temple. Not much later he was murdered, for the simple fact that he did not accept the ruling powers who admired profiteering; those people that worshipped finances above anything else. Remember that the Earth is a temple too, if you look upon it from a spiritual perspective. As such the world has become a den of thieves. Christ got in the way of the ruling powers and was silenced. After 2.000 years of being inspired by this man, by his teachings, not much has changed. His believers did not listen to what the man really said, but such is common in human history. So, my dear friends: what are we waiting

for? Do we like to stay nailed to the money changers' cross, or do we want to set ourselves free of them?

**T**he city of Athens and the state of Greece are going through tough times these days. But remember you do live in one of the most beautiful countries on Earth. Become a new and shining example for the world: rise above the limited views of the money world and create abundance and connectivity on a grass root level. Please embrace nature and take more care of it. May the end of the age of oil set you free and may you become liberated by a democracy for the peoples itself and by limitless energy sources.

**L**et me rest now from this talk. You can come and meet me online every day. I tell you this, as a goodbye: 1. Treat the Earth and all which dwells therein with respect. 2. Remain close to the Great Spirit. 3. Show great respect to your fellow beings. 4. Work together for the benefit of all mankind. 5. Give assistance and kindness wherever needed. 6. Do what you know to be right. 7. Look after the well-being of mind and body. 8. Dedicate a share of your efforts to the greater good. 9. Be truthful and honest at all times. 10. Take full responsibility for your actions.

**T**his was hendrik hol speaking. Thanks for listening to me. [The talk ends.]

To a close

**T**hese are my writings, my ideas and as such this book is very personal and also relative. Connect with me if you feel like having an argument or just to give support and / or exchange ideas. I am wishing to meet with you in person.

Follow some more:

**P**erm culture, biodynamic farming, recycling, open source dynamics, autonomous energy production, homegrown food, industrial biofuel production, transition towns, cradle-to-cradle industries and photographs [...-]

nothing is sweeter than love, all of life's  
blessings come in second, i have even spat out  
honey. i, hendrik, say this, i have kissed and i  
will forever know what roses her flowers are.

*nossis, 3c bce [adapted by hh]*

nothing is more active than thought, for  
it travels over the universe, and nothing  
is stronger than necessity for all must  
submit to it.

*thales, 4c bce*



< 185 ] athens' concrete city jungle

> 187 ] car recycling at the end of the age of oil







< 188 ] diabolos, or: totally wacked within this  
state of perjury

> 190 ] wake the fuck up





< 191 ] united colors of femininity  
[door waiting to be opened [pt 4]]

> 193 ] the magic mushroom initiation  
roadshow is coming to you





< 194 ] at home exposing realities of life

> 196 ] the juxtaposition of two or more  
distant realities







< 197 ] link in the chain of causal care  
between two different species [some hairy  
others just so] one of them gathered together  
in wooden boxes and grooving with a greek

> 199 ] aware or not aware that's the question  
[we know we are, but how?]





< 200 ] speaking the truth is a necessity  
[door waiting to be opened [pt 5]]

> 202 ] at the national bank of change and  
ignorance

BARQUE  
NATIONALE  
DE  
GRECE  
CHARGE

Εμπορική Τράπεζα  
CREDIT COMMERCIAL GRECE







< 203 ] the protest singer never stops pointing  
his finger at your door

> 205 ] thoughtfulness, the rise of truth within  
a shadow of doubt





< 206 ] breaking through she shines her  
d[e][ay]light [door waiting to be opened [pt 6]]

> 208 ] [un]legs





< 209 ] resonance, sympathy, wholeness  
and the implicate order

> 211 ] down and out on athinas street



ΠΡΟΓΡΑΜΜΑ ΠΕΡΙΒΑΛΛΟΝΤΟΣ, ΧΑΡΟΤΑΞΙΑΣ ΚΑΙ ΑΝΑΜΟΡΦΩΣΗΣ ΕΠΙΤΟΝ  
ΥΠΟΥΡΓΕΙΟ ΜΕΤΑΦΟΡΩΝ ΚΑΙ ΕΓΓ







< 212 ] earth means home

> 214 ] united colors of benetton



NEONAZI  
ΣΥΝΔΙΚΑΤΑ  
ΕΡΓΑΖΙΑΣ

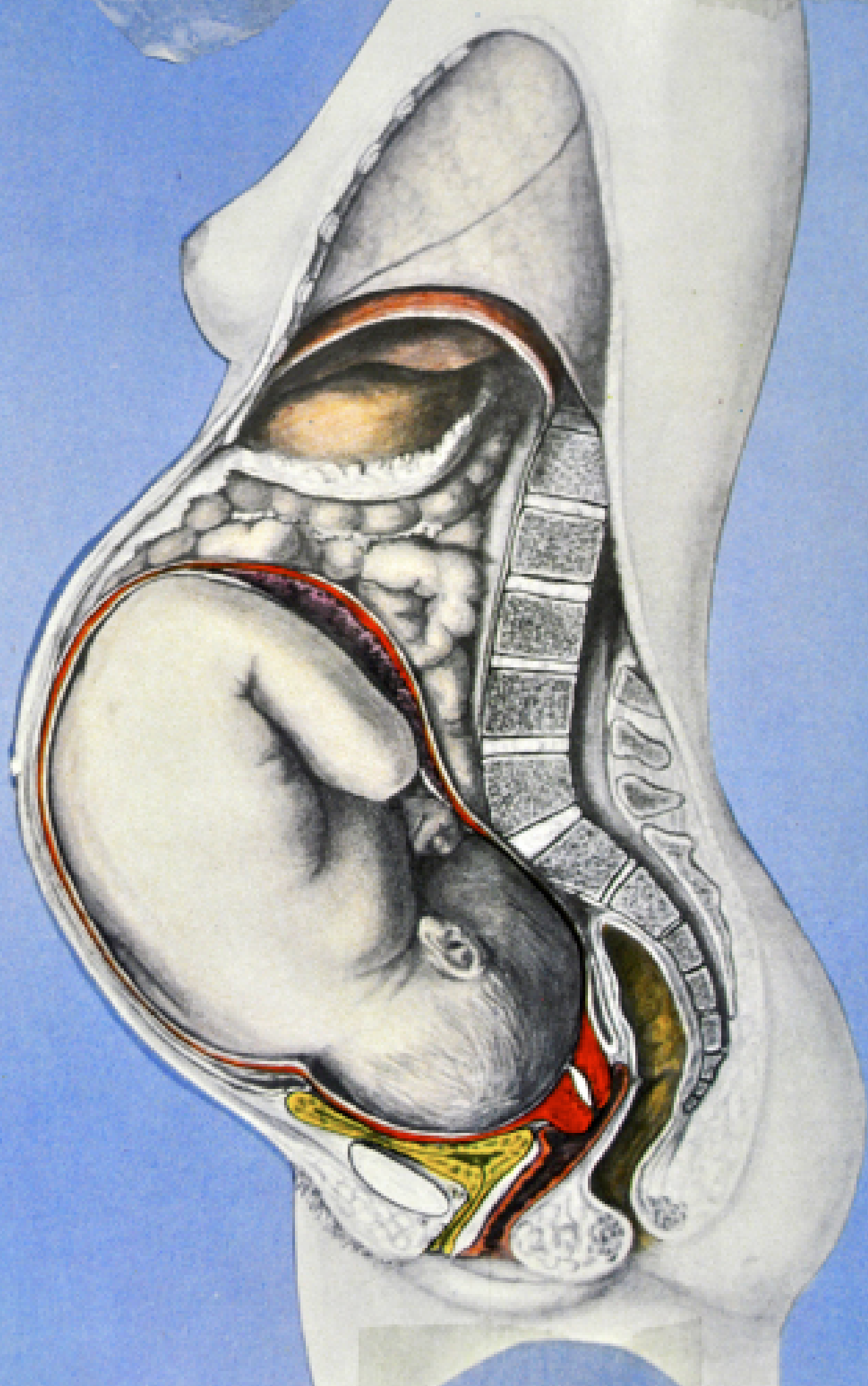
NEONAZI

UNITED COLORS OF BENETTON



< 215 ] children have the right to demonstrate

> 217 ] the sacred is defined by everything





< 218 ] wrapped within the distribution  
of disconnectivity

> 220 ] in search of icarus' transcendental  
spirit

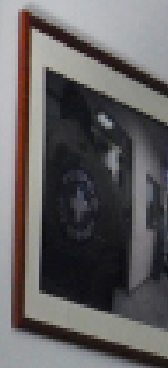






< 221 ] gravity, or: the weight of the world

> 223 ] immigrants generation 2.0 and 1.0





< 224 ] grump, or: most presumably ran out  
of luck in business affairs

> 226 ] unfollow [thatcher, merkel, samaras]

[illegible]

Министерство  
Европа

[illegible]

1. **Identify the problem.** The first step in the problem-solving process is to identify the problem. This involves recognizing the symptoms of the problem and determining the underlying cause.

1980-1981, 1982-1983, 1984-1985, 1986-1987, 1988-1989, 1990-1991, 1992-1993, 1994-1995, 1996-1997, 1998-1999, 2000-2001, 2002-2003, 2004-2005, 2006-2007, 2008-2009, 2010-2011, 2012-2013, 2014-2015, 2016-2017, 2018-2019, 2020-2021, 2022-2023, 2024-2025, 2026-2027, 2028-2029, 2030-2031, 2032-2033, 2034-2035, 2036-2037, 2038-2039, 2040-2041, 2042-2043, 2044-2045, 2046-2047, 2048-2049, 2050-2051, 2052-2053, 2054-2055, 2056-2057, 2058-2059, 2060-2061, 2062-2063, 2064-2065, 2066-2067, 2068-2069, 2070-2071, 2072-2073, 2074-2075, 2076-2077, 2078-2079, 2080-2081, 2082-2083, 2084-2085, 2086-2087, 2088-2089, 2090-2091, 2092-2093, 2094-2095, 2096-2097, 2098-2099, 2100-2101, 2102-2103, 2104-2105, 2106-2107, 2108-2109, 2110-2111, 2112-2113, 2114-2115, 2116-2117, 2118-2119, 2120-2121, 2122-2123, 2124-2125, 2126-2127, 2128-2129, 2130-2131, 2132-2133, 2134-2135, 2136-2137, 2138-2139, 2140-2141, 2142-2143, 2144-2145, 2146-2147, 2148-2149, 2150-2151, 2152-2153, 2154-2155, 2156-2157, 2158-2159, 2160-2161, 2162-2163, 2164-2165, 2166-2167, 2168-2169, 2170-2171, 2172-2173, 2174-2175, 2176-2177, 2178-2179, 2180-2181, 2182-2183, 2184-2185, 2186-2187, 2188-2189, 2190-2191, 2192-2193, 2194-2195, 2196-2197, 2198-2199, 2200-2201, 2202-2203, 2204-2205, 2206-2207, 2208-2209, 2210-2211, 2212-2213, 2214-2215, 2216-2217, 2218-2219, 2220-2221, 2222-2223, 2224-2225, 2226-2227, 2228-2229, 2230-2231, 2232-2233, 2234-2235, 2236-2237, 2238-2239, 2240-2241, 2242-2243, 2244-2245, 2246-2247, 2248-2249, 2250-2251, 2252-2253, 2254-2255, 2256-2257, 2258-2259, 2260-2261, 2262-2263, 2264-2265, 2266-2267, 2268-2269, 2270-2271, 2272-2273, 2274-2275, 2276-2277, 2278-2279, 2280-2281, 2282-2283, 2284-2285, 2286-2287, 2288-2289, 2290-2291, 2292-2293, 2294-2295, 2296-2297, 2298-2299, 2300-2301, 2302-2303, 2304-2305, 2306-2307, 2308-2309, 2310-2311, 2312-2313, 2314-2315, 2316-2317, 2318-2319, 2320-2321, 2322-2323, 2324-2325, 2326-2327, 2328-2329, 2330-2331, 2332-2333, 2334-2335, 2336-2337, 2338-2339, 2340-2341, 2342-2343, 2344-2345, 2346-2347, 2348-2349, 2350-2351, 2352-2353, 2354-2355, 2356-2357, 2358-2359, 2360-2361, 2362-2363, 2364-2365, 2366-2367, 2368-2369, 2370-2371, 2372-2373, 2374-2375, 2376-2377, 2378-2379, 2380-2381, 2382-2383, 2384-2385, 2386-2387, 2388-2389, 2390-2391, 2392-2393, 2394-2395, 2396-2397, 2398-2399, 2400-2401, 2402-2403, 2404-2405, 2406-2407, 2408-2409, 2410-2411, 2412-2413, 2414-2415, 2416-2417, 2418-2419, 2420-2421, 2422-2423, 2424-2425, 2426-2427, 2428-2429, 2430-2431, 2432-2433, 2434-2435, 2436-2437, 2438-2439, 2440-2441, 2442-2443, 2444-2445, 2446-2447, 2448-2449, 2450-2451, 2452-2453, 2454-2455, 2456-2457, 2458-2459, 2460-2461, 2462-2463, 2464-2465, 2466-2467, 2468-2469, 2470-2471, 2472-2473, 2474-2475, 2476-2477, 2478-2479, 2480-2481, 2482-2483, 2484-2485, 2486-2487, 2488-2489, 2490-2491, 2492-2493, 2494-2495, 2496-2497, 2498-2499, 2500-2501, 2502-2503, 2504-2505, 2506-2507, 2508-2509, 2510-2511, 2512-2513, 2514-2515, 2516-2517, 2518-2519, 2520-2521, 2522-2523, 2524-2525, 2526-2527, 2528-2529, 2530-2531, 2532-2533, 2534-2535, 2536-2537, 2538-2539, 2540-2541, 2542-2543, 2544-2545, 2546-2547, 2548-2549, 2550-2551, 2552-2553, 2554-2555, 2556-2557, 2558-2559, 2560-2561, 2562-2563, 2564-2565, 2566-2567, 2568-2569, 2570-2571, 2572-2573, 2574-2575, 2576-2577, 2578-2579, 2580-2581, 2582-2583, 2584-2585, 2586-2587, 2588-2589, 2590-2591, 2592-2593, 2594-2595, 2596-2597, 2598-2599, 2600-2601, 2602-2603, 2604-2605, 2606-2607, 2608-2609, 2610-2611, 2612-2613, 2614-2615, 2616-2617, 2618-2619, 2620-2621, 2622-2623, 2624-2625, 2626-2627, 2628-2629, 2630-2631, 2632-2633, 2634-2635, 2636-2637, 2638-2639, 2640-2641, 2642-2643, 2644-2645, 2646-2647, 2648-2649, 2650-2651, 2652-2653, 2654-2655, 2656-2657, 2658-2659, 2660-2661, 2662-2663, 2664-2665, 2666-2667, 2668-2669, 2670-2671, 2672-2673, 2674-2675, 2676-2677, 2678-2679, 2680-2681, 2682-2683, 2684-2685, 2686-2687, 2688-2689, 2690-2691, 2692-2693, 2694-2695, 2696-2697, 2698-2699, 2700-2701, 2702-2703, 2704-2705, 2706-2707, 2708-2709, 2710-2711, 2712-2713, 2714-2715, 2716-2717, 2718-2719, 2720-2721, 2722-2723, 27

A history of the food industry  
from the world's  
first restaurants

21. *Quadrifida* and *Paratetratida* are the two genera of the family *Paratetratidae* found in the Bering Sea. The *Paratetratidae* are found in the Bering Sea.

**OJOS DE AGUATE** 2007  
CON ARTE Y PASIÓN



# UNFOLLOW

[illegible]

# MejAmooME

...and welcome to 2000.

αθηνόπαρ  
ΤΡΟΦΗ & ΓΕΥΣΗ

**THOMPSON & CO. SELLER**



ΕΛΛΑΔΙΣ

# VIOPT:

**SIGNA**

Illegitimately obtained, counterfeit  
 medicines are a major health  
 hazard. They are sold in unhygienic  
 conditions, are often adulterated,  
 and may contain toxic substances.

CHARTERED FINANCIAL  
STRATEGISTS  
INVESTMENT &  
ASSET MANAGEMENT  
SERVICES LTD. c/o  
CREDIT RISK ANALYSIS  
CORPORATE, 307  
WILSON RD. #100  
CHICAGO, IL 60641  
TEL: 773.399.1100





< 227 ] hands in careful gloves, or:  
everything depends upon the convergence to -  
and connectivity for - the ones you love

> 229 ] the world of things is in motion and  
constant change, or: am i an illusion, a dream,  
am i real, a digital [...] ?



**Illusion**  
Fine porcelain  
microwave &  
dishwasher safe



< 230 ] to experience the information which is  
in love with us

> 232 ] house eviction, or: if you keep some  
you've got something to hold onto





< 233 ] [r]evolution or: how the anthropoid  
ape mistook the world for a machine

> 235 ] we will not be satisfied until justice  
rolls down like waters and righteousness like  
a mighty stream







< 236 ] a golden funerary mask of a once  
respectable man

> 238 ] what stirs the pot? change is constant  
so the old must make way for the new





< 239 ] i am what i am and you are me [pt 1]

> 241 ] minotaur: predecessor of artificial life





< 242 ] loving beauty of immortality

> 244 ] post-humans: creation of artificial life







< 245 ] dialectics of matter

> 247 ] i am what i am and you are me [pt 2]



ΚΟΙΝΩΝΙΑ

"ΟΛΛΟΣ ΑΝ

ΗΤΟ Γ

ΟΛΑ



< 248 ] on the way of a few pecks of rice

> 250 ] the guards of the status quo







< 251 ] the high priestess of olympia

> 253 ] it's not going to stop but i wish it would





< 254 ] aphrodite - the beauty of femininity

> 256 ] diadoumenos - the beauty of  
masculinity [although some vital parts are  
missing]





< 257 ] the chain closed his hands convinced  
his tone of voice soldierly his private battle  
[door waiting to be opened [pt 7]]

> 259 ] the persistence of memory







< 260 ] the myth of sisyphus [ad infinitum  
in uterus]

> 262 ] there is remembrance of former  
experiences like exquisite joy, loss, catharsis





< 263 ] a force to be reckoned with

> 265 ] creation - adoration [diptych]





< 266 ] human zips with cross and door  
of truth opened

> 268 ] speed, or: the jockey of artemision







< 269 ] drive, or: the machine age and modern  
speed of life

> 271 ] for giorgio de chirico





< 272 ] two faces of a determined protester

> 274 ] the veil of ignorance is partly lifted  
from the face of humanity







< 275 ] the measure of co-existence reflected  
and registered within a city life image

> 277 ] an [un]known future lies ahead  
within the self-reflective consciousness of  
light and shadow [diptych - solarised]





< 278 ] divided within a representative and  
reflective reality

> 280 ] perseiphone [her photograph an  
eleus[in]ian mystery]





< 281 ] this game is irretrievably lost

> 283 ] the cultured life - socrates and plato at  
athens' academia







< 284 ] nature's trees of life give birth to  
nature's trees of life

> 286 ] the delicate balance between dystopia  
and utopia has to be challenged  
[diptych]





< 287 ] self portrait as the photo voltaic man  
[solarised]

> 289 ] portrait of an evzone





< 290 ] the star of revelation shines it's light  
over athens [door waiting to be opened [pt 8]]

> 292 ] athens' valley overview to lykabettus  
hill as seen from the acropolis





orpheus

&

eurydice

a poem

An independent medium creates without any help  
Is the universal chorus of supreme merit  
Includes the sounds and colors that define the height  
And the depth of the limitless fence [that is not]  
Which is the key word that reveals all into the light?

The practice shows that the circles' hypothesis contain triangles  
Of affectionate [that is inner] dignity  
The will of the future gives a twist to the effect that the calculation desires

?Can you hear him [it]?  
!The peculiar observer and musician of the heavens sings he plucks his  
Songs! The one who knows who has uncovered this issue may say so

?What have I produced?  
!The gift of harmonic structure!  
It is [n]ever completed

The diachronic provisions of universes' years have just started  
It is within itself consistent within the ticking of the clock  
The music and the writing of the numbers 0 1 2 3 4 5 6 7 8 9  
It sets free the spiritual being and places it in the topological space  
The boundary is completely and ambiguously broken in ontological way {Ø}

"What are you playing?" asks Eurydice  
With a voice out of the depths of her solar plexus her question rolls  
Downhill as lightning bolts all the way into a brightened valley

The thought and the nurse of freedom bind the patient  
To the [laughing]-[crying] fate of the breathable story of life  
To the difference that is defined between right and [un]right

Orpheus [there he is!] looks no longer back to the country of his origin  
He has already learned it all he takes with him his instruments  
His voice his love  
Eurydice

post photographic  
script

> 297 ] the desire of time [pt 1]





< 298 ] yes we do lovers in full glitterati

> 300 ] i am what i am and you are me [pt 3]







< 301 ] man on the edge of the world  
[scale sounds vibrate into the caldera]

> 303 ] abstractions in black white and red, or:  
jacob's ladder in a twelve tone system





< 304 ] the desire of time [pt 2]

> 306 ] on the way in this world i find all is full  
of magnetic electricity with doors and windows  
and domes and stairs and [...]









< 307 ] just before the end of the way a window  
appears in lapis lazuli [and i love lapis lazuli]

> 309 ] a human zip confronts nature with it's  
abstract expression [pt 2]





< 310 ] a human zip confronts nature with it's  
abstract expression [pt 3], or: man on the edge  
of the world

> 312 ] the information resides inside of us





< 313 ] queen crimson wears her crown chakra  
into the big wide open [solarised]

> 315 ] the sign, or: door to a new life is  
opened so let's walk into the vast big wide  
open [solarised]





## acknowledgements

**F**irst of all I want to express my special gratitude to my relatives in Athens for all the support they gave, their hospitality, love, connectivity, ideas, their worries and optimism: Mirjam, Leonidas, Danai, Chloe and their relatives Maria, Angeliki, Sofia and Yorgos. Also thanks to Mimis, Spiros, Vassilis for giving the extra information I was searching for. Without your limitless support this could not have been done.

**A**lso a big, big thanks to all the kind women and men who helped me to realise this work: Ada at Generation 2.0; all at the biological vineyard; Ioanna, Demia and Konstantinos for Kouzoupis Jewellery; Annie, Ansam, Danai, George and Maria-Angela at Medecin du Monde; Aggelos, Clio and Mehran of Omikron; Konstantinos, Anastasios and all other volunteers of O Allos Anthropos; Alexadra and Kostas at the Quickstep Dance School; Avtandil, Igor, Ioanna, Irma, Junyan and Martin at the World Philosophical Forum. Also a huge thanks and loving hugs to Efi, Fabiola, Mary, Ria, Stelios, Tiina for posing and for all the patience you showed in front of my camera. It was a privilege to work and be with you. I had a great, but also difficult time.

**B**ig thanks to Elias and Tassos at the Image Gallery Athens, for believing in me and this work; to Elias again and as well to Skiadopoulos Athens and to Peter and Gerrit at AAP Lab Amsterdam for developing the films; Cees at Nivo Schweitzer Amsterdam for the digital scans. Thank you very, very much Gerrit-Jan, Michiel and Rob for reviewing my work. Your critical opinions where of great help to improve this publication.

**A**lso, and surely not at least, this one is for you Paola. Your inspiration, creativity, hospitality, generosity and life stories have moved me more than words and photographs can express. May providence guide and join you with the ones you care for, for many more years to come. I am loving you for all you gave and for all the beauty we shared.

**M**ay we meet again some sunny day. I do look forward to that moment.

**M**ay the peoples of Greece and all the others who are helpless within the current economic crisis overcome their difficulties.

**F**or the peoples of Athens. Things will go better, I am sure. May new days of well-being and abundance arrive soon. Even now, almost one year later, looking at some of these photographs, my heart breaks and at the same time throbs of joy, for what it has experienced, for what can be followed and has to be unfollowed.

**T**ake good care of yourselves, my dear fellow Athenians. You all deserve the best in life. Please tell me, if you can, when will humanity join and live within happiness, real freedom and profusion for all? Please make it quick and follow the good things in life. Make the change, be the change yourself. Teach us a new kind of true democracy, when you're ready for it, because it is clear to see that we are in need of a new one.

**W**hat our planet is in need of is adoration for all it gives to us effortlessly, day in day out, instead of us human beings exploiting it and each other for our own egocentric and narrow minded purposes. We are part of a conscious whole. The better we treat planet Earth, our fellow human beings and all the animals and plants with utmost respect, reverence and awe, the more abundant our lives and this world will become.

**S**o, please follow.

reality is created by the mind, we can change  
our reality by changing our mind.

*plato, 5-4c bce*

love is all we have, the only way that each can  
help the other.

*euripides, 5c bce*



< 320 ] the eye perceives the heart that beats

back cover ] the earth is flowering



greecis by hendrik hol

isbn 978 90 812459 5 1